

## Diabetes SA's Health Professional Seminar 2018

### Latest evidence with a person-centred care approach

Presenting new research and best practise information on artificial sweeteners, diabetes medications and psychological health in a person-centred care context.

Update your knowledge as three expert speakers showcase the latest evidence ensuring we provide people living with diabetes current information for optimal decision making. Also learn about the new Health Care Homes service from the Department of Health initiative for people with chronic conditions.

#### Guest Speakers:

**Professor Richard Young, Theme Leader SAHMRI – University of Adelaide** – Associate Professor Richard Young will shed some light on the often-asked question of ‘sweetener vs sugar?’ His research explores the effect of sweeteners on the gastrointestinal system and glucose absorption, assessing the overall impact on diabetes management.

**Dr Ana McCarthy, Obstetric Medicine Registrar – Lyell McEwin Hospital** – Dr Ana McCarthy will present the advances in practice with diabetes medications. She brings her latest diabetes medication information and practice recommendations as she shares practice progress in advanced endocrine medicine.

**Dr Christel Hendrieckx, Psychologist – Australian Centre for Behavioural Research in Diabetes** – Dr Christel Hendrieckx, author of ‘Diabetes and Emotional Health: A handbook for health professionals supporting adults with type 1 or type 2 diabetes’, will discuss the question: Do you need to be a psychologist to provide psychological care?

**Primary Health Network Representative** – Health Care Homes is a transformative approach to caring for people with chronic disease in a primary health or general practice settings. Adelaide PHN staff will present a case study on how this approach to care can benefit people with type 2 diabetes and improve access to a wider variety of health care team members.

THIS SEMINAR IS  
SUITABLE FOR

Health Professionals

#### Date

Friday 25 May 2018

#### Time

9.30am – 12.30pm  
Arrive by 9.15am for a 9.30am start

#### Venue

Adelaide Convention Centre  
City Rooms 1 & 2  
North Terrace, Adelaide SA 5000

#### Cost

This seminar is FREE to health professionals. A certificate of attendance will be provided.

A light morning tea will be provided.

#### Bookings

Bookings are essential as numbers are strictly limited.

**Call:** 1300 136 588

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