



Diabetes Update for Healthcare Professionals

A training program for Nurses, Allied Health Professionals and other Health Care Providers

The comprehensive two day program aims to optimise the knowledge, treatment and management parameters of diabetes for Health Professionals working in primary care.

The sessions will explore the challenges primary health care practices face every day.

Participants will have the opportunity to seek expert opinion and peer discussions to develop practical solutions.

Day 1

- Diabetes facts
- Pathophysiology
- Pre-diabetes
- Blood glucose monitoring
- Hypoglycaemia / Hyperglycaemia
- Sick day management
- Overview of complications
- Case studies

Day 2

- Psychological aspects of diabetes
- Nutrition & physical activity
- Medications
- Insulin delivery devices
- Case studies

Venue:

Diabetes SA
159 Sir Donald Bradman Drive
Hilton SA 5033

Dates:

Thursday 9 & Friday 10 March 2017
Thursday 15 & Friday 16 June 2017
Thursday 14 & Friday 15 September 2017
Thursday 9 & Friday 10 November 2017

Time:

9:30am – 4:30pm

This seminar is suitable for:

Health Professionals

Primary Care Nurses

Cost:

\$418 (including GST)

Certificate of attendance will be provided as well as morning tea and lunch.

10% discount available for a group booking of 5 or more participants. Call (08) 8234 1977 for more information.

Parking

All day parking is available in Attrill Avenue, opposite Diabetes SA

Bookings

Booking is essential

Call:

(08) 8234 1977

Email:

education@diabetessa.com.au

Online:

www.diabetessa.com.au

Diabetes SA reserve the right to cancel the course should attendance number not be satisfactory. Alternative arrangements including a refund or inclusion into the next available date will be offered.



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Background

Diabetes is a lifelong condition that affects over 7.5% of Australians over 25 (i.e. over 1.2 million Australians). It has been estimated that 280 Australian adults are diagnosed with diabetes each day. In addition, 16.3% of Australians have impaired glucose metabolism that puts them at high risk of developing both diabetes and cardiovascular disease. Poorly managed diabetes can lead to debilitating complications. Both type 1 and type 2 diabetes complications can be prevented or delayed.

Optimal diabetes care relies on sound medical management in line with evidence based clinical management guidelines and the active involvement of the person with diabetes in their day to day management of their condition. Diabetes education is essential for effective self management.

Diabetes self-management education focuses on:

- Specialised training delivered by qualified diabetes educators.
- Therapeutic interventions that are integrated with the clinical care and attainment of clinical targets.
- Equitable, access for people living with diabetes and provides individualised diabetes care.
- Being an integral element of any system of diabetes health care.

Diabetes SA recognises the need for all health care professionals to have knowledge of best practice diabetes management and the capacity to impart accurate information and advice to people with diabetes.

This is particularly so in the general practice setting which is most often the first point of contact for a person newly diagnosed with diabetes. In addition, general practitioners usually assume responsibility for coordination of overall patient management resulting in a high level of contact between people with diabetes and general practice. Accordingly nurses working in general practice are a key target group for whom this two day program is recommended.

This Program

The Diabetes Update for Health Professionals two day program has been developed to provide best practice of diabetes clinical management and self-care recommendations to health care providers working in primary health care.

Learning Objectives

At conclusion of the 2 day program participants will:

- Understand basic pathophysiology and key clinical guidelines for the management of diabetes.
- Recognise new pharmacological choices, treatment plans and comprehend the latest management and technology options.
- Categorise and optimise multi-disciplinary management and referral pathways.
- Interpret an individualised system based approach to diabetes management to minimise the risk of diabetes-related complications.

Learning Outcomes

At conclusion of the 2 day program participants will be able to:

- Identify and compare the latest diabetes management, and technology options.
- Optimise multidisciplinary team care management with appropriate referral pathways also advise clients and peers about available support and clinical services.
- Describe short and long term complications of diabetes and factors contributing to quality of life.
- Inspire practice changes to improve systematic assessment and management of diabetes care.