# Central Community Advisory Council (CAC)

# Ms. Lynda (Lyn) Whiteway - Chairperson

Lyn is an experienced consumer advocate and peer educator. Lyn is a member of the State-wide Chronic Pain Steering Committee and the Transforming Health Peak Community and Consumer Engagement Committee. With lived experience of chronic pain, Lyn is interested in addressing issues in the transfer of care between hospital and primary health care.

# Ms. Mary Wing - Membership Advisory Council (MAC) Representative

Mary has lived experience of chronic pain and is passionate about helping people live full lives, despite chronic disease and associated pain. Mary facilitates chronic condition self-management courses both in the community and online, and is currently a member of the State-wide Pain Strategy Steering Committee.

**Mr. John Casey**

John has lived-experience utilising primary health care services for himself and his family in three states, including rural Australia. John is an advocate for digital connectivity with the community, via health promotion & awareness raising on social media.

**Ms Holley Skene**

Holley’s experience is very much focussed on mental health, disability and sexual health for young people. She has a vast network of health service providers through her work with ShineSA, connected to healthcare providers in the Western region caring for her parents and many informal networks with the LGBTIQ communities in Adelaide.

**Ms Rachel Rodda**

Rachel has experienced the primary health care sector as a mother of 4 young children and carer of elderly parents. Currently she is a consumer representative on the WCHN – Parent and Family Centred Care Committee. Rachel has an understanding of the need to empower consumers to make informed decisions about primary health care through health promotion/prevention.

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