

phn
ADELAIDE

An Australian Government Initiative

CONNECT CONNECT MAY 2017



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hello everyone!



We have held off releasing this edition so that we could include any news from the Federal budget on May 9th. So here it is...

Firstly a big CONGRATULATIONS to the 20 practices selected by the Commonwealth Department of Health as their preferred providers for Health Care Homes (see the list on page 5)! We understand that the Department will now commence negotiation of contracts with those practices and as always the Adelaide PHN is keen to assist in any way that we can.

We are pleased to also announce in this issue, the local general practices participating in our Care Connections Program as Integrated Care Hubs (see list on page 4).

We will work closely with all of these practices to develop and implement the patient centred medical home. We will be providing hands on assistance and a suite of resources to develop models of care for people with one or more chronic condition.

Both the Commonwealth run Health Care Homes project and the APHN Care Connections project are based on the patient centred medical home and

are complementary projects. General practice is the cornerstone of this model which provides shared integrated health care to meet the health needs of identified patients; right care, right place and at the right time.

Both the Health Care Homes and the Care Connections projects will be evaluated and the learnings and resource development will be available to all primary care providers across our metropolitan region.

We are also very pleased to see a further investment in Mental Health and Suicide Prevention in the Federal budget, along with Community Pharmacy funding and trial sites for End of Life Palliative Care. After Hours funding has also been confirmed for the 2017/18 year along with a commitment to expand the opt out trial for My Health Record across Australia.

We look forward to continuing to work closely with our community. For more information don't hesitate to contact us!

Deb Lee, CEO

CARE CONNECTIONS | PARTICIPATING PRACTICES ANNOUNCED

Following an Expression of Interest (EOI) process targeted to geographical areas of identified need, the Adelaide PHN is pleased to announce the following practices as our Integrated Care Hubs.

The Integrated Care Hubs are general practices located in local areas with a high prevalence of chronic conditions and poorer health outcomes, and who together form a core component of Adelaide PHN's Care Connections program*.

At their own pace and with dedicated support, each Integrated Care Hub will undertake various activities to improve chronic condition management and develop closer relationships with other local health services to strengthen their local medical neighbourhood.

Adelaide PHN's Integrated Care Hubs include the following practices:

- Unihealth Playford in Munno Para
- The Aboriginal Family Clinic in Noarlunga
- Craigmores Family Practice in Craigmores
- Elizabeth Family Health
- Mawson Lakes Healthcare
- Paralowie Family Health
- Springbank Medical Centre
- Hallett Cove Family Practice
- Reynella Medical Centre
- Hackham Medical Centre

For more information on Adelaide PHN's Care Connections program and Integrated Hubs please visit our website or [click here](#).

***Care Connections is an Adelaide PHN initiative designed to improve chronic condition management in primary care and support better coordination and integration across the health system**

HEALTH CARE HOMES | SELECTED PRACTICES

The Adelaide PHN congratulates the 20 practices selected by the Commonwealth DoH as preferred providers for Health Care Homes...

- Health Sense Medical Centre in Golden Grove
- Golden Way Medical Centre in Golden Grove
- Kingston Family Clinic in South Brighton
- Klemzig Medical Centre in Klemzig
- Prospect Medical Centre in Prospect
- Salisbury Family Medical Centre in Salisbury
- Surrey Downs Medical Centre in Surrey Downs
- Trinity Gardens Medical Centre in Trinity Gardens
- Unihealth Playford in Munno Para
- Hampstead Health Family Practice in Lightsview
- North East Modbury Medical and Dental Centre in Modbury
- Primary Old Port Road Medical and Dental Centre in Royal Park
- Arkaba Medical Centre in Parkside
- Riverside Family Medical Practice in St. Marys
- Tristar Medical Group in Pooraka
- The Aboriginal Family Clinic in Noarlunga
- The Health Hub Adelaide in Glenelg
- The Aboriginal Family Clinic in Clovelly Park
- Elizabeth Medical and Dental Centre in Elizabeth
- Craigmores Family Practice in Craigmores

“Both the Commonwealth run Health Care Homes project and the Adelaide PHN Care Connections program are based on the patient centred medical home and are complementary projects”

- Deb Lee, Adelaide PHN CEO

IN REVIEW THE SOUTH AUSTRALIAN PRIMARY HEALTH CARE CONFERENCE

The inaugural South Australian Primary Health Care Conference was held over Saturday 1st and Sunday 2nd April at the Adelaide Convention Centre. This joint conference between the Adelaide PHN and Country SA PHN was a first of its kind and attracted over 380 delegates, speakers, service providers and PHN staff.

The conference boasted an outstanding line up of presenters and a high calibre program covering sessions on a wide range of topics including; Aboriginal and Torres Strait Islander Health, Mental Health, Alcohol and Other Drugs, Aged Care and End of Life Care, Health Pathways, Population Health and Workforce Development.

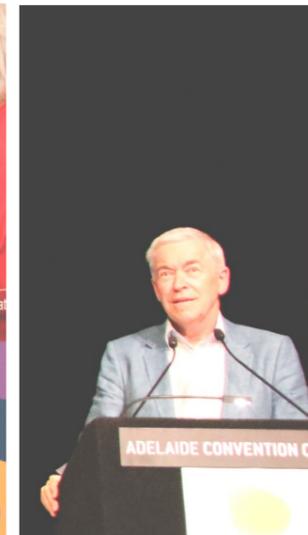
The conference reflected coordinated and integrated primary health care, facilitating new and genuine conversations, connections and pathways between a range of health professionals, service providers and health consumers across South Australia and interstate.

For more information and to view available presentations from the conference please visit www.saphnconference.com.au

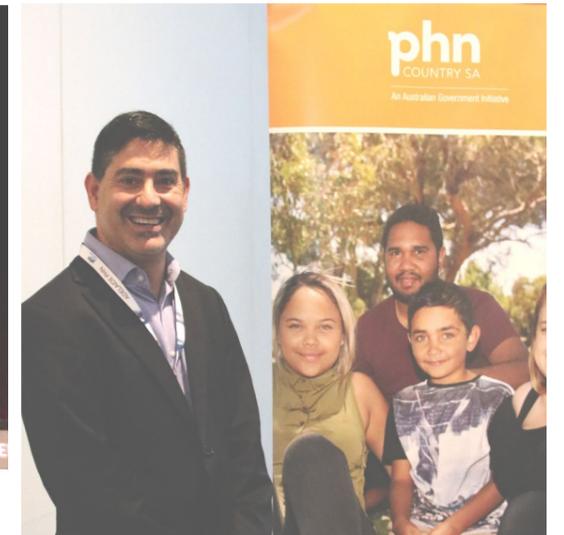
ADELAIDE PHN IN ACTION



Prof. Marion Saville presents her session: Cervical Screening



Ian Dixon during the Open Plenary Session



Dr. Sepehr Shakib, following his deprescribing focussed presentation



Opening Plenary Session by Ian Dixon

SA PRIMARY HEALTH CARE CONFERENCE

THANKS TO OUR CONFERENCE SPONSORS

380 ATTENDEES

INCLUDING **235** DELEGATES
36 SPEAKERS
50 EXHIBITORS



Delegates at the free CPR training sessions



Kim Hosking, CEO Country SA PHN & Deb Lee, CEO Adelaide PHN, & Andy Froggatt (centre) following his HealthPathways presentation



Conference Exhibition Hall

PLATINUM SPONSOR



MAJOR SPONSOR



Government of South Australia
SA Health

GOLD SPONSOR



BRONZE SPONSOR



CLOSE THE GAP DAY EVENTS

The Adelaide PHN was proud to sponsor the Northern Health Network to host three Close the Gap day events during March.

The Northern Health Network (NHN) is commissioned by the Adelaide PHN to deliver the Closing the Gap (CTG) / Integrated Team Care (ITC) program across metropolitan Adelaide.

As part of the CTG program, three Close the Gap events were held to increase awareness of the health needs of Aboriginal and Torres Strait people and bring the community together to have fun and talk about what needs to be done to make people well.

The CTG events were held at Carisbrooke Reserve - Salisbury Park, Neporendi Community Centre - Old Reynella, and Tauondi College - Port Adelaide. All of the events were widely supported, attracting in excess of 300 participants each. Attendees included clients from the NHN's CTG Program, families, Elders, friends and local school children as well as a great number of healthcare and community service providers.

At the Salisbury Park event, his Excellency, the Hon. Hieu Van Le, Governor of South Australia addressed the guests and officially opened the event. Deputy Mayor for the City of Salisbury, Donna Proleta also attended and expressed the support of the council for the CTG Day. The Port Adelaide event was attended by the Hon Kyam Maher, Minister for Aboriginal Affairs and Reconciliation as well as the City of Port Adelaide Enfield Mayor, Gary Johanson.

Each event opened with a smoking ceremony and Welcome to Country led by Kaurna Elders, Uncle Freddie (Salisbury, Port Adelaide events) and Allan Sumner (Old Reynella event). The events provided activities for all including a mobile allied health bus from the University of Adelaide, a pop up cafe hosted by the Aboriginal Community Connect team, as well as a range of community and primary health led stalls.

For more information about the CTG program

- visit: www.northernhealth.net/closing-the-gap/
- email: ctg.itc@northernhealth.net



The Hon Hieu Van Le, & NHN's CEO Sageran Naidoo



Salisbury CTG event



Port Adelaide CTG event

▶ GENERAL UPDATE...

The SA PHN Immunisation Hub has been bustling with education sessions, events, provider support and expansion.

In breaking news, Angela Newbound - Immunisation Hub Coordinator - has been invited to present at the International Council of Nurses Congress in Barcelona, Spain at the end of May! Angela will be presenting on the Australian Immunisation Register and the importance of observing adult vaccination recommendations and reporting of encounters.

Alex Stevens has recently commenced in the role of Immunisation Project Officer. Alex is a Registered Nurse and her primary focus is a data cleaning exercise, with an aim to follow up the >10,000 SA children who are overdue for their immunisations. Alex will be in regular contact with general practices in order to clean up the data, follow up recalls and provide support where required.

We continue to provide secretariat support for the Immunisation Provider Network (IPN). The IPN meeting in February was well attended. The perceived encumbrances of the school-based Meningococcal B Study stimulated robust discussion, overall however there was overall excitement from providers about the study. The next meetings will be held on June 5th (metro) and August 7th (country) so please SAVE THE DATE!!

We delivered multiple education sessions during March and April covering Influenza and Pneumococcal updates as well as a full day "Introduction to Immunisation workshops". In total, 11 education updates and workshops were held including one webinar. Over 200 health professionals attended the update sessions and over 50 attended the Introduction to Immunisation workshops. The webinar is available to view on the Adelaide PHN website and Youtube channel ([please click here](#)). All sessions received extremely positive feedback and we'd like to thank our guest speaker Assoc. Prof. John Litt and Seqirus for their ongoing support and sponsorship.

▶ OUT & ABOUT...

- In collaboration with SA Health Immunisation Section, we attended the Adelaide Pregnancy, Babies and Children's Expo. The Expo was extremely busy over three days and provided a great opportunity to provide education and support to families and parents-to-be
- We also attended an education evening for educating health care providers on the importance of adult vaccination in immunocompromised patients
- Along with Christine Haydon from the SA Health Immunisation Section, Angela and Alex provided immunisation information and resources to Aboriginal families at the Strong Aboriginal Children's Health Expo
- Angela also presented at the "Embracing Health & Diversity" Migrant and Refugee Health Forum in February. The presentation highlighted the complexity of the immunisation program for migrants and refugees.

▶ SPLEEN AUSTRALIA

Spleen Australia aims to prevent serious infections in people with a non-functioning spleen by raising awareness and educating patients, their families and medical professionals. They provide information and optimal timing of vaccine administration; inform people of the role of antibiotics and provide education on how to stay healthy.

Although the Australian Spleen Register is funded to register only people who live in Victoria, Tasmania and Queensland, the links are worth viewing. The register is eagerly awaiting funding in order to support the other states in Australia.

The current vaccine recommendations for those who are asplenic or have hyposplenism can be found at the following links:

- Adult
https://spleen.org.au/VSR/files/RECOMMENDATIONS_Spleen_Registry.pdf
- Paediatric
https://spleen.org.au/VSR/files/RECOMMENDATIONS_Spleen_Registry_p.pdf



MEMBERSHIP UPDATE

Our membership groups have been busy over the last few months forming working groups to action their annual work plans. Several interesting projects have been initiated that will impact on a range of PHN work.

A snapshot of their activities are listed below:

- The Aboriginal Health HPG has initiated a series of consultations about 'what makes a culturally competent service' to inform future commissioning of services
- The Consumer Advisory Councils are focussing on several health literacy activities including developing materials to improve the experience of seeing a GP
- Many groups are interested in better integration of care and the role of the My Health Record, and so the Australian Digital Health Agency has been invited to present an interactive session for all members about digital health
- The Childhood and Youth HPG are exploring trialling a universal assessment tool for young children, and supporting an integrated network of support services for disadvantaged families
- The Disability HPG are focussing on improving training for PHC providers related to working with people with disabilities, and better data collection and collation methods

CAKE & PRIMARY HEALTH....



If there is two things workers in the Adelaide PHN office take very seriously it's morning tea and Primary Health related outcomes! So these last few months have seen the office support two really important causes.

The SA Immunisation Hub staff baked up a storm for **World Immunisation Week** and our office managed to raise \$310 for UNICEF; enough to vaccinate over 600 children!



We also held an Easter morning tea in support of one of our Board members - Dr. Hendrika Meyer - who participated in **Ride As One** in support of the **Leukaemia Foundation**. Our contribution (\$180) was a mere drop in the collective pool however with Dr. Meyer's fundraising effort raising over \$8500 for the cause! Dr. Meyer rode from Melbourne to Adelaide with her husband Dr. Ian Jones (who rode a unicycle).



Foundations of General Practice Nursing Workshops

APNA is thrilled to deliver the highly regarded Foundations of General Practice Nursing Workshops Australia-wide.

General practice nursing is a different and unfamiliar environment to other areas of nursing practice. Developed and facilitated by local nurse leaders, this highly interactive two day workshop will provide an overview of the knowledge and key skills required by nurses new and transitioning into general practice, and those looking for an update.

Up to 12 hours of essential and engaging CPD for primary health care nurses including: Immunisation, Wound Management, Chronic Disease Management, Professional Practice, Health Promotion and much more.

For prices please see our website.

Upcoming SA Dates:
Adelaide – 2 & 3 June

Learning objectives of the two-day workshop

On completion of the workshop, participants will have an understanding of the roles and responsibilities associated with:

- The Australian Healthcare System, Health Promotion and Preventative Care
- Professional Practice and Professional Development
- Clinical Assessment and Chronic Disease Management
- Wound management
- Immunisation
- Quality and Safety
- Infection Prevention and Control
- Information management and ehealth

Register online at
www.apna.asn.au
For more information contact Helen Hendy on (03) 9669 7400 or helen.hendy@apna.asn.au



Our Languages Matter
2-9 JULY 2017

CELEBRATING NAIDOC Week



WWW.ABORIGINALSERVICESDIRECTORY.COM.AU

It was a full house at the recent launch of the Aboriginal Services Directory, a new online resource put together through a partnership between the [Catalyst Foundation](#) and [Turkindi Inc.](#)

The directory will provide up-to-date listings of Aboriginal Organisations, Aboriginal Businesses (owned or part owned) and non-Aboriginal Organisations and businesses providing social and community services to Aboriginal people. Currently over 160 organisations are listed on the Aboriginal Services Online Directory.

ABORIGINAL SERVICES DIRECTORY



RESOURCE LAUNCH



NEARLY
3 MILLION
AUSTRALIANS LIVE WITH
DEPRESSION
AND/OR **ANXIETY**

YET ONLY
ONE
THIRD
ACCESS
SUPPORT

...but we can work together to tackle this statistic

NewAccess is an early intervention program intended to provide easily accessible, free and quality services for people with mild to moderate depression and anxiety who are currently not accessing mental health services.

The NewAccess program is the result of four years of research and collaborative discussion in Australia and is based on the highly successful UK Improving Access to Psychological Therapies (IAPT) initiative.

The program is free, confidential and offers six sessions with a coach. The sessions can be face-to-face or over the phone, whichever is easiest for the client.

Trained and clinically supervised coaches operate like personal trainers, providing individual tailor made support programs incorporating relevant areas such as problem solving, goal setting, dealing with worry, or exposure therapy.

Clients can call 1800 010 630 or visit beyondblue.org.au/NewAccess to make an appointment today.





FREE INTERPRETING SERVICE FOR MEDICAL PRACTITIONERS

General practitioners and approved medical specialists can access the Free Interpreting Service through TIS National, when delivering Medicare rebateable services in private practice to anyone with a Medicare card.

Interpreters in over 160 languages & dialects are available 24 hours a day, every day of the year.

Once registered for the Free Interpreting Service medical practitioners have access to the Doctors Priority Line, which gives priority access to interpreters over other callers.

Working with professional interpreters is essential to ensuring medical practitioners are able to communicate effectively with their patients and are protected from professional risk. This is particularly important when seeking consent, in crisis situations, dealing with complex issues and assessing patient competence.

Research by the Australian National University Medical School provides examples of significant physical and psychological harm resulting from not using a professional interpreter. There is also significant professional risk for practitioners not able to communicate effectively with their patient, particularly in regards to; understanding symptoms, prescribing medication or treatment and/or obtaining informed consent.

To access this free service, please complete the client registration form available at the following <https://tisonline.tisnational.gov.au/RegisterAgency>

For more information contact TIS National Language Policy Liaison team on tis.lpl@border.gov.au or by calling 1300 575 847.



The Royal Australian and New Zealand College of Psychiatrists (RANZCP) has recently launched a new website called Your Health in Mind.

WWW.YOURHEALTHINMIND.ORG

The site is consumer directed & contains numerous Community Guides on various mental illnesses & mental health problems. There is also lots of information available to help consumers better understand the different mental health professionals available as well as easy to understand factsheets including

- Helping a Suicidal Person
- Psychiatrists & Psychologists: What's the Difference?
- Caring for Someone with a Mental Illness
- Feeling Suicidal

30% off for SHIFT-WORKERS

NEED A BREAK?

Why not recharge with a mid-week escape and take advantage of the Adelaide Shores Mid-Week offer available to Shift-Workers?

adelaide shores stay&play

CAREERS & VACANCIES

Local job vacancies in the Primary Health Care Industry are advertised in the [‘Careers’ section of our APHN website \(click here\)](#). This is a free service offered to health services & individuals in the Adelaide region.

EDUCATION & EVENTS

Are you looking for local primary health related education & event opportunities? We list a large range of sessions on our website under What’s Happening ([click here](#)).

