

Contents

- Adelaide PHN AGM and Annual Dinner
page 3
- Immunisation Project Update
page 5
- Commissioning - Alcohol and Other Drug Treatment Services
page 6
- Accreditation Take Home Tips
page 7
- A Transition to Practice Program for Nurses in Primary Health Care
page 8
- Applications open to become a Heart Foundation Nurse Ambassador in 2017
page 9
- Updated driver medical standards from 1 October 2016
page 10
- Spotlight on Services - Allevie Eye Clinic
page 11
- South Australian PHN Conference - Save the Date
page 12





Hello everyone

I am sitting in Christchurch, New Zealand writing this – having just finished 3 days of THE most inspiring conference I have ever attended – yes in my whole career in health! Christchurch and the Canterbury region is busy rebuilding the city that in 2011 was devastated by earth quakes – a very pretty city – vibrant, positive and brimming with can do attitude. They began their health reform journey in 2008 and it's fair to say – achieved much but the devastation and then immediate and impending health issues in 2011 for their community provided something else. It provided a clear community drive to get things done, based on a deep trust and willingness across the community and all of its stakeholders.

What they have achieved to date is awe inspiring – such practical, simple solutions that have shown real results in real time. Real time management of their hospital with an 'Operations Centre', real time turn around of potentially avoidable presentations and admissions to their hospital – a true collaboration AND with no money and a health deficit. A simple data analysis that looked at real concerns and then shifted dollars where they were needed. They are more than happy to share that they have much more to do and the situation is still far from perfect – but hey, personally, I would settle today for their less than “perfect” situation!

I have been inspired, constantly – enthused by what they have achieved and how they have achieved it. I am brimming with ideas and enthusiasm and whilst I totally understand that we have a different system – there is no reason why we can't embark on this sort of reform. I have realised, after reflecting on my frustration, that you can never, ever start at the end point of your vision and work back – we must keep a vision and goal in mind and commence the same journey. They are happy to share everything and we do not have to re-invent the wheel.

No more pilots, no more excuses about lack of funding. What this requires is a deep and enduring trust and a truly collaborative commitment to make things better. So let's swiftly scan the resources we have across our beautiful state and work out, together, how we make things better. That is what the APHN is committed to and that is what we will achieve. As they say in New Zealand:

***He aha te mea nui o te ao?
He tangata, he tangata, he tangata!***

What is the most important thing in the world?
It is the people, it is the people, it is the people!

Deb Lee, CEO



Adelaide PHN AGM and Annual Dinner



The Adelaide PHN (APHN) had their Annual General Meeting on Saturday 22nd October at the Adelaide Convention Centre, where Membership Advisory Council representatives, APHN Board and staff all welcomed new member elected Board Director – Mr Tom Symonds.

To view the Annual report please refer to our website www.adelaidephn.com.au

The Annual General Meeting was followed by our Annual Dinner with nearly 200 guests in attendance consisting of Invited guests – The Hon Stephen Wade, members, Board, staff, service providers, partners and stakeholders enjoying a fabulous night of speakers and entertainment.

This event offered our guests an important opportunity to network with other organisations and service providers and sponsors representing the whole of the Adelaide PHN region.

Master of Ceremonies Phil Martin led off the proceedings by welcoming Rod O'Brien who gave the Welcome to Country, with presentations from the APHN Chairman Dr Nick Vlachoulis and Deb Lee CEO, who outlined all the APHN achievements in its first 12 months!



Our guest speaker Elaine Bensted CEO of Zoos SA gave a wonderful presentation about the Zoos journey of bringing a diverse range of stakeholders together to ensure financial security by engaging with community to better inform how they were to deliver their programs in a more innovative and interactive way for both their Adelaide Zoo and Monarto Open range Zoo. Guests were very engaged with Elaine's presentation and lots of great questions were asked - and no, they don't know if FuNi is pregnant!!

Zoos SA kindly donated 2 animal experience vouchers and a silent auction was held to raise funds for a local Aboriginal Women's group and a whopping \$3,200 was raised due to the generosity of Dr John Cross from AMPHeat who outbid all other bidders!

A huge thankyou to our wonderful sponsors without whom we couldn't hold such a great annual dinner event - Gold - Global Health, Silver - SA Heart, nab health, Bronze - Fujifilm

Thank you to everyone who took the time out and attended the dinner, and a big thankyou to the dedicated APHN team members who helped make this event such a success.



Immunisation Update

The SA PHN Immunisation Hub concept continues to evolve! Having a united focus on immunisation across the State is expected to increase immunisation rates through improving the quality of data the Australian Immunisation Register (AIR) receives, providing timely information and education to providers and engaging with community.

We are proud to announce the Commonwealth Department of Health has approved the SA PHN Immunisation Hub logo which will be launched in the near future. We will use this logo on a suite of resources and hope it will become a well-recognised logo with Immunisation Providers.

SAVE THE DATE

A 2 hour "Shingles disease and Zostavax vaccine" presentation will be delivered by Associate Professor Dr John Litt via a webinar on Thursday 17th November from 6.30 to 8.30pm. Following John's presentation, Angela Newbound will deliver a general immunisation program update. More details will be coming in the near future!

Education

The Immunisation Hub in collaboration with Associate Professor Dr John Litt, has delivered 4 face to face Shingles disease and Zostavax vaccine sessions which were attended by approximately 160 nurses and GP's. One of these sessions was delivered in Naracoorte following a full day Introduction to Immunisation workshop which was also well attended.

The Immunisation Hub is grateful to Seqirus for sponsoring these events and for their ongoing support.

Please continue to register your interest in receiving education by either emailing Angela Newbound anewbound@adelaidephn.com.au, Tracy Maynard tmaynard@countryisaphn.com.au or Chloe Morris, Events Coordinator cmorris@adelaidephn.com.au

Disability, Ageing and Lifestyle Expo

The Adelaide PHN attended the recent Adelaide Disability, Ageing and Lifestyle Expo to engage with community. Information about the Adelaide PHN, discussion about the Shingles vaccine program commencing on November 1st and the need for adults to receive a Pertussis booster against Whooping Cough were the topics of the day.

Immunisation Provider Network

We encourage all nurses, medical officers and any other health professional interested in or involved in the Immunisation Program delivery to join this network: https://www.surveymonkey.com/r/SAPHN_Immunisation_Membership

We look forward to receiving your IPN membership registration! The final meeting for 2016 will be on Monday 28th November at the Education and Development Centre (EDC), Milner Street, Hindmarsh. If you are unable to attend, teleconference facilities will be available. Log in details will be available once we have received your registration to attend via teleconference. Registration details will be available soon.

For any immunisation enquiries, please do not hesitate to contact me on anewbound@adelaidephn.com.au or Ph: 0421 168 367 Angela Newbound, Adelaide PHN Immunisation Project Coordinator.



Angela with the Honourable Leesa Vlahos, Minister for Disabilities and Minister for Mental Health and Substance Abuse at the recent Disability, Ageing and Lifestyle Expo.

Fiona Unger and Kirby Mulraney undertaking a communication activity at the Naracoorte Introduction to Immunisation Workshop.



Associate Professor Dr John Litt presenting at the "Shingles disease and Zostavax vaccine" session at the Stretton Centre, Munno Para.



Alcohol and Other Drug Treatment Services

The Adelaide PHN is proud to announce that it has interim contracts in place for service establishment with three of the six preferred providers chosen from the April 2016 Alcohol and Other Drugs (AOD) Request for Proposal (RFP) process following funding from the Commonwealth's response to the National Ice Taskforce's Final Report.

Hello Sunday Morning (Daybreak Program) PsychMed and Offenders and Rehabilitation Services (OARS) SA will deliver additional AOD treatment services in metropolitan Adelaide.

These treatment services will include early intervention, counselling and relapse prevention to address the increased demand for drug and alcohol treatment services in the community. Group and individual treatment options will be delivered in targeted locations in response to our Adelaide metropolitan needs assessments.

Adelaide PHN is in negotiation with the remaining preferred providers to establish a network of treatment services that will build and promote:

- stronger pathways between primary health care providers and alcohol and other drug support services;
- more integrated treatment options for clients with comorbid mental health disorders,
- innovative psychological education and peer support for alcohol misuse;
- counselling support for families; and
- targeted and culturally appropriate AOD services for Aboriginal and Torres Strait Islander people which link to broader Indigenous health services.

JOIN THE CONVERSATION!



VACANCIES: Northern, Central, Southern Community Advisory Councils

Are you interested in shaping primary health care services such as mental health, alcohol and other drugs, chronic conditions and pain management, general practice and community allied health services in Adelaide?

Do you want to:

- Have a voice
- Contribute to the latest innovations
- Represent the community
- Gain new skills and experience

Applicants who identify as Aboriginal and/or Torres Strait Islander or from a Culturally and Linguistically Diverse background are strongly encouraged to apply.

Applications Close:

COB Wednesday 16 November 2016

Apply online now: www.adelaidephn.com.au

Contact: Ph: 8219 5900

The Adelaide PHN would like to thank its 2016 Annual Dinner sponsors for a fantastic evening and networking opportunity.

6

Gold Sponsorship



Global Health is a leading provider of digital health software for Australian Healthcare communities.

www.global-health.com

Silver Sponsorship



For over 25 years SA Heart has been at the forefront of advances in cardiology, delivering world class care to South Australians. The commitment to being first choice in cardiology drives everything we do.

www.saheart.com.au

Silver Sponsorship



We know life as a healthcare professional can be busy, that's why we've brought together all our tools, tips, calculators and products tailored to your industry. Whether you're just starting your career or looking to secure your financial future, we're here to help you get where you want to go.

www.nab.com.au/business/industry/healthcare

Bronze Sponsorship



FUJIFILM Australia is a leading force in the distribution of imaging equipment and services to the photographic, medical and graphic systems markets

www.fujifilm.com.au

Accreditation – Take Home Tips

Kindly reprinted from 'Accreditation News'.

A snapshot of some of the key take-home accreditation tips and strategies that were shared at the AGPAL and QIP 2016 Conference, reprinted here to support local practices.

The art of better communication 'what do verbal and non-verbal communications really mean' (presented by Hayden Spencer)

Getting your vision right and communicating it verbally and non-verbally across all your systems and processes will positively reflect on the experience had by your staff and patients.

- Listen to how phone calls are handled.
- Observe interactions with outside service providers.
- Evaluate how "all of your staff" interact with patients and clients.
- Monitor staff relationships, interactions, body language and tone.
- Engage in how others are welcomed/ cared for; and Watch the clock – timing your whole operation.

By ensuring your vision is clearly defined and measurable, people will want to engage in supporting you to achieve it and are likely to become word of mouth advocates for your practice's success.

No longer an optional extra: Rainbow Tick'ing your way to LGBTI- inclusive practice

(presented by Sunil Patel and Pam Kennedy)

Get your organisation thinking about the ways you can better support LGBTI people:

Consider LGBTI- inclusive practice every time you develop or review a service, program, policy or procedure; develop skills in identifying, analysing and managing risks to LGBTI people within your practice population.

Work to develop strong relationships with the LGBTI community groups and services, so you can keep up-to-date with new learnings and grow your understanding of issues.

Reflect on your personal attitudes, beliefs and behaviours towards LGBTI people and how that impacts your work with them.

Become Rainbow Tick accredited! Demonstrate your practice's dedication and commitment to inclusive LGBTI-service delivery, formally recognising culturally appropriate systems and processes in place to best meet the health and service needs of LGBTI people.

For more information on Rainbow Tick Accreditation, visit www.qip.com.au

Help Raise Awareness for World COPD Day

Symptoms of lung disease such as breathlessness and cough are common presentations to health professionals. Breathlessness is not a normal part of ageing and shouldn't be ignored.

One in seven Australians 40 years or older has COPD and half of those who have progressed to a stage where they are experiencing symptoms will not know that they have it.

16 November is World COPD Day, Lung Foundation Australia is encouraging health professionals to get involved by holding their own activity to raise awareness about the symptoms, risk factors and treatment for COPD.

World COPD Day activities taking place around the country include:

- FREE lung function screening
- Static displays/info stands
- Organising your own event

By helping Lung Foundation raise awareness you will help drive early detection of this disabling disease.

Register your activity today <http://worldcopdday.lungfoundation.com.au/register-events/>

Every event registered receives a free resource pack. Other items (like t-shirts) are available for order from the World COPD Day online shop.

<http://shop.lungfoundation.com.au/product-category/world-copd-day>

QUIT Smoking via the Internet

Cigarette smokers are wanted to participate in a research study, coordinated over the internet from Royal North Shore Hospital, Sydney. Prof Geoffrey Tofler is the Chief Investigator. As part of this novel approach, we create a brief video personalised for each smoker, which emphasises the link between smoking and heart attack, and provides a simulated teachable moment. Support is also provided through video counselling with a smoking cessation expert, advice on nicotine replacement therapy, and mobile phone messaging for ongoing motivation. Inclusion criteria includes age>30 years, living with a smoker, and wanting to quit.

SCUPI (Smoking Cessation through Personal Identification) has a good track record of helping smokers quit. In a prior published face-to-face version of the study, 54% successfully quit within 6 months. The extension to an internet program, which we are evaluating here, allows us to reach a far greater range of people, by not being restricted to direct visits. Interested Cigarette Smokers can be directed to www.scupi.com.au for more information and enrolment. This study has been approved by the Northern Sydney Local Health District Human Research Ethics Committee, study reference # HREC/12/HAWKE/172.

Introducing ThinkGP Live! Our new series of 1 day face to face ALMs

Join us in Adelaide for a high impact face-to-face 1 day Active Learning Module (ALM) program offering focused QI and CPD education for the busy Australian GP.

Date: 3 December 2016

Time: 8am- 4.30pm

Venue: Mercure Grosvenor Hotel, Adelaide

ALM TOPICS (choose one stream)

Stream 1: Women's Health Across the Ages

Stream 2: Mental Health Skills Training

BENEFIT FROM:

- RACGP and ACRRM accredited CPD points (40 RACGP / 30 ACRRM)
- High quality, high impact education.
- Trained GP and other specialists facilitators ensuring translation of current evidence into relevant patient care.
- Interaction with peers on commonly managed conditions and presentations.
- Comfortable learning environment with morning and afternoon tea, lunch and refreshments provided.

To find out more & register please visit www.thinkgp.com.au/events

This information was provided by ThinkGP.

APNA Transition to Practice Program for Nurses in Primary Health Care

Recruitment and retention of nurses in the primary health care workforce will play an increasingly important role in ensuring our health care system can meet the complexities of ever increasing demands. There is a projected shortfall of primary health care nurses due to high exit rates and low numbers of workforce entrants.¹ Innovative strategies are needed to address recruitment and retention issues in the primary health care nursing workforce to ensure our communities continue to receive high quality care from a well-supported and engaged nursing workforce.

The Australian Primary Health Care Nurses Association (APNA) received funding from the Australian Government Department of Health under the Nursing in Primary Health Care Program to test and model an accessible, flexible and structured process to increase the confidence, skills and knowledge of nurses commencing work in primary health care settings. The anticipated outcome

of the program will be to improve employment opportunities, recruitment and retention of nurses in primary health care settings.

Applications for Tranche two will open 28 October 2016 – 23 December 2016 and will commence in April 2017. More information can be found at <http://www.apna.asn.au/transitiontopractice>

¹Australian Institute of Health and Welfare (AIHW). Nursing and midwifery workforce [homepage on the internet]. c2014. Available from: <http://www.aihw.gov.au/workforce/nursing-and-midwifery>.

Think about your lungs this Lung Health Awareness Month

Lung health is the topic of conversation around Australia this November, in support of Lung Health Awareness Month. Lung Foundation Australia is encouraging all Australians to take their lung health seriously and recognise symptoms early in both themselves, and loved ones.

Health professionals can help to spread the word by getting involved. There are a number of activities happening around the country including:

- Free lung testing at Sydney's Martin Place, 3 November from 7:30am to 2:30pm.
- World COPD Day, 16 November. Visit the website at www.worldcopdday.lungfoundation.com.au and find out how you can get involved. Events are being hosted around the country including walks, info stands, free lung function screening and other pharmacy activities. Every event registered gets a free promo pack.
- Shine a Light on Lung Cancer awareness events, 1-30 November. Events include BBQ events, walks or morning tea gatherings. Visit www.lungcancernetwork.com.au for information or to register.
- Love Your Lungs Fun Run and Walk with Collingwood Football Club and Sunsense, Sunday 27 November from 8am, Holden Centre, Olympic Boulevard, Melbourne. Sign up with family and friends at <http://loveyourlungs.lungfoundation.com.au/fun-run-walk/>.
- Patient stories at www.justonebreath.com.au. Share these poignant personal stories of people who live and manage lung disease on a daily basis, demonstrating there is no stereotypical face of lung disease in Australia; lung disease can affect anyone.
- Encourage your patients to take the Lung Health Checklist at www.lungfoundation.com.au. It only takes a few minutes, and the simple questions will help to recognise symptoms of lung disease and the need to act promptly.

For resources and information visit www.lungfoundation.com.au or phone our free call Information and Support Centre on 1800 654 301.

Let us know your thoughts on antibiotic use and resistance

The University of Sydney invites doctors practising in Australia to complete a survey exploring attitudes towards antibiotic use and antibiotic resistance.

This research survey is targeted at doctors, dentists and veterinarians. The findings from this study will assist national policy-makers to enhance national policy and education interventions about antibiotic use and antibiotic resistance in Australia.

The survey will take about 15-20 minutes to complete and all responses remain anonymous and confidential. Complete the survey for a chance to win an iPad.

Your thoughts are important. To participate or for more information, please click here: <https://www.surveymonkey.com/r/researchab>.

For more information, please contact Dale Dominey-Howes (chief investigator) at the University of Sydney - email: dale.dominey-howes@sydney.edu.au or call: +61 2 9351 6641.

Thank you for your assistance in this study.



THE UNIVERSITY OF
SYDNEY



Applications open to become a Heart Foundation Nurse Ambassador in 2017

If you are a nurse who is passionate about improving care and are working in a hospital, community or Aboriginal Health Service, General Practice or occupational health organisation, join the Heart Foundation Nurse Ambassador Program in 2017!

It is free and you will:

- Develop an understanding of the Heart Foundation's work and messages that support cardiovascular health
- Undertake an evidence based Workplace Activity Project during the year to support your goals to improve the care of patients
- Learn about the latest evidence on cardiovascular disease
- Contribute to the development of new tools, resources and systems to improve care
- Increase your knowledge and confidence in your nursing role
- Develop professional relationships and networks with other nurses from across the health care system

Applications close 2 December 2016.

For program information and the application form visit: <https://heartfoundation.org.au/programs/south-australia-nurse-ambassador-program/>

2017 South Australia Nursing and Midwifery Excellence Awards.

Nominations are now open and close Friday 2 December, 2016.

The Award category winners will be announced at the South Australian Nursing and Midwifery Excellence Awards Gala Dinner on Friday 12 May, 2017 and will receive a trophy and prize money of \$1,000.00 in recognition of their achievements.

For further information and to nominate, visit www.sahealth.sa.gov.au/NursingandMidwifery or phone 8330 4402 or email nmea@arinex.com.au.

Temporary amendment to ePIP requirements

Please find linked below a letter from Bettina Konti, First Assistant Secretary, Digital Health Division, regarding a temporary amendment to the eligibility requirements for the Practice Incentives Program eHealth Incentive (ePIP).

http://adelaidephn.com.au/assets/Letter_to_PHNs_-_Temporary_Amendment_to_ePIP_Requirements.pdf

Updated driver medical standards from 1 October 2016

Australians, their doctors and other health professionals will have better guidance on whether they are safe to drive thanks to updated medical guidelines contained in the new edition of Assessing Fitness to Drive for commercial and private vehicle drivers.

Assessing Fitness to Drive is a joint publication of the National Transport Commission (NTC) and Austroads, and includes standards for private and commercial drivers of heavy vehicles, light vehicles and motor bikes.

Chief Executive of the NTC, Paul Retter said the new edition would give health professionals the best available information to help them discuss driving with their patients and assess their patients' ability to drive safely.

"We have worked closely with health professionals, driver licensing authorities and consumer health groups to update the guidelines, which has resulted in some changes to the licensing criteria to account for developments in medical understanding and practice," Mr Retter said.

"The updates also include clearer guidance for health professionals to support consistent assessment and decision making.

"This includes new features such as flow charts to guide assessment of conditions such as epilepsy and dementia, a questionnaire to assist assessment of drivers with diabetes and more detailed information about determining and supporting functional driver capacity."

Nick Koukoulas, Chief Executive of Austroads, said doctors and other health professionals use Assessing Fitness to Drive to advise driver licensing authorities about how their patients' health and medical conditions might affect their ability to drive. The driver licensing authority considers this advice in their decision about an individual's licence status.

"Importantly, the new edition also includes links to information resources to assist health professionals in having conversations with their patients about driving," said Mr Koukoulas said.

"This includes a number of excellent resources developed by Alzheimer's Australia."

"The new edition comes into effect on 1 October 2016, from which date all assessments conducted for the purpose of driver licensing should be undertaken according to the updated edition."

Austroads is responsible for publication and distribution of Assessing Fitness to Drive, and will host the electronic version on their website.

A summary of the changes in the new edition and other support materials are available on the Austroads website.

Hard copies will not be distributed to individual health professionals, although they can be purchased via the Austroads website.

Drivers or health professionals with any enquiries about how the new standards may affect them should contact the relevant driver licensing authority in their state or territory.

Download an electronic PDF or purchase a hard copy of Assessing Fitness to Drive 2016 on the Austroads website.

<http://www.austroads.com.au/drivers-vehicles/assessing-fitness-to-drive>

Foods That Do Good: Australians not eating enough from the five food groups

The 2011-2012 Australian Health Survey revealed Australians are not meeting their recommended daily dietary serves across the five food groups recommended as part of the Australian Dietary Guidelines (ADGs). The results also revealed that the vegetable and legumes and the dairy food groups were the most under-consumed of the five food groups. The ADGs state that a balanced diet of foods from all five food groups is important for overall health, as well as for preventing diet-related chronic diseases. However, the survey also revealed that 35 per cent of Australians' total daily energy intake came from discretionary (junk) foods.

The number of diet and nutritional consultations provided by GPs has steadily increased over the years, now accounting for approximately 37 per cent of consultations. Health professionals can play a crucial role in encouraging patients to reduce discretionary foods and eat a wider variety of foods from the five food groups. Dairy Australia has developed the Foods That Do Good program to provide health professionals with a single source of accessible, holistic and evidence-based nutrition information.

Visit www.foodsthatdodgood.com.au for more information and access to resources.

This information was provided by Dairy Australia, the national services body for dairy farmers and the industry.

Alcohol consumption: monitoring, regulation and impact on public health

Low prescribing rates for alcohol dependence medications may be limiting the effective management of alcohol use disorders in Australia, according to a [Perspective](#) in the latest issue of [Public Health Research & Practice](#).

The [September issue](#), out now, focuses on new interventions for alcohol misuse, with a theme of 'Alcohol consumption: monitoring, regulation and impact on public health' and is guest edited by Dr Jo Mitchell, Executive Director of the Centre for Population Health at NSW Health, and Associate Professor Adrian Dunlop, from the School of Medicine and Public Health at the University of Newcastle.

As well as the perspectives paper on the use of alcohol dependence medications, the issue also includes an article looking at a new 'Get Healthy' [telephone counselling service](#) to help people reduce risky alcohol consumption; and whether information on genetic susceptibility to [alcohol-related cancers](#) can change drinking behaviour. Other themed articles include a [literature review](#) that finds a growing body of evidence to support reducing trading hours for bars and hotels to reduce violence; a discussion of why the proportion of young people choosing not to drink is at a 20-year; and the pervasive problem of [drug and alcohol presentations](#) in hospital emergency departments.

Our non-themed articles look at a battle by the WA Cancer Council against [unproven breast cancer screening services](#); a new tool to [assess chronic disease](#) health risk in workplaces; and the [impact of loose-fill asbestos](#) in the ACT.

Public Health Research & Practice (PHRP) is Australia's first online-only open access peer-reviewed public health journal, published by the [Sax Institute](#) with a strong focus on the connection between research, policy and practice.

You can [subscribe](#) to receive quarterly e-alerts when the journal is published, [make suggestions](#) about themes or topics for future issues, submit papers and follow us on Twitter [@phrpjournal](#)



Beginning a Life in Australia - release of updated booklets

The Department of Social Services would like to advise that the updated Beginning a Life in Australia booklet (BaLIA) is now available at: <https://www.dss.gov.au/our-responsibilities/settlement-services/beginning-a-life-in-australia>.

BaLIA is being translated into 39 community languages and translations will be added to the web page as they are finalised. Where possible, a translated audio option will also be available for low literacy or vision impaired clients.

BaLIA is published online, not in hardcopy form, however the booklet may be downloaded and printed from the website. It is best viewed on a computer or other device, as it contains many web links to specific sites and information.

SPOTLIGHT ON SERVICES

Alleve Eye Clinic

Dry eye disease (DED) is a clinically significant multifactorial disorder of the ocular surface and tear film and can result in significant discomfort and visual impairment of many Australians. Causes of dry eye can vary widely, however 80% of dry eye is evaporative, and can be greatly reduced in severity by improving Meibomian gland function. Regular manual gland expression can encourage healthy meibum production. Where needed, the use of topical anti-inflammatories, omega 3 therapy and oral doxycycline and other interventions may be used.

A new Adelaide optometry clinic is using clinical tools to focus only on diagnosis and management of dry eye and related ocular surface, meibomian glands and eye lid conditions - no other optometric services available. Treatment of anterior blepharitis and demodex mites with tools such as the BlephEx system, staphylococcus and seborrheic causes and of course aqueous deficient dry eye with punctal plugs, artificial tears and other therapy is seen here.

If you have dry eye patients who are not finding relief with their current management consider if a referral is appropriate. Alleve Eye Clinic is more than happy to facilitate co-management of dry eye patients with optometrists, ophthalmologists, GP's or other health professionals. Appointments can be made by phone: 7225 9798, email: bookings@alleveeyeclinik.com.au, online referral pad (www.alleveeyeclinik.com.au) or fax: 8312 4900. Our independent consulting rooms are located at 49a Stephen Terrace, St Peters.

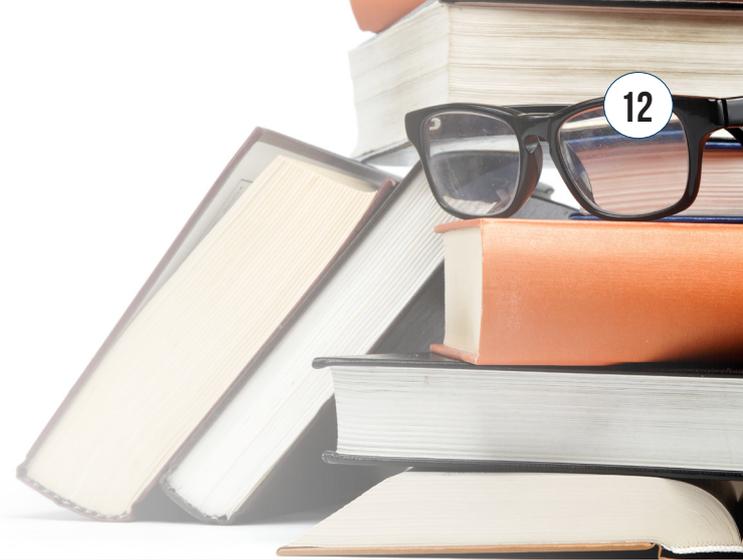
This information was provided by Alleve Eye Clinic.

EDUCATION AND EVENTS

Are you looking for education and event opportunities?

We list a range of sessions on our website under Whats Happening.

<http://adelaidephn.com.au/whats-happening/education-and-events/>



CAREERS SECTION

Job vacancies are advertised in the 'Careers' section of our website.

A free service offered to health services and individuals in the Adelaide and surrounding suburbs.

<http://adelaidephn.com.au/contact-us/careers/>



SAVE THE DATE

SOUTH AUSTRALIAN
PHN CONFERENCE
SATURDAY 1ST AND
SUNDAY 2ND APRIL 2017
ADELAIDE CONVENTION CENTRE

For Primary Health Care Professionals including PHN Commissioned Providers, Partners, General Practitioners, Practice Teams and Allied Health. CPD points will apply.

"A South Australian Conversation about Primary Health Care"



Survey

The SA PHN's highly regard your feedback and would appreciate your input to assist with the design process of our Conference.

Please complete this pre-conference survey:

<https://www.surveymonkey.com/r/SAPHNconference>

phn
ADELAIDE

An Australian Government Initiative

phn
COUNTRY SA

An Australian Government Initiative