

# HEALTH PROFESSIONAL CONFERENCE 2017

Friday 23 June | 9am – 4.30pm

Education Development Centre

4 Milner Street, Hindmarsh



This event is proudly  
sponsored by

abbvie

MERCK

 **NOVARTIS**  
PHARMACEUTICALS





# Conference outline

## Topic 1: Feet and arthritis

### Rheumatological perspective – treatment and research update

Presented by Dr Kimberley Ting – Rheumatologist

### Obesity and foot pain

Presented by Tom Walsh – Podiatrist

### Diet and nutrition

Presented by Dr Evangeline Mantzioris – Dietician

## Topic 2: Young people & arthritis

### Juvenile Idiopathic Arthritis- management and research update

Presented by Dr Christina Boros – Paediatric Rheumatologist

### Arthritis and the younger population

Presented by Tracey Powell

### Managing young people with arthritis

Presented by Dr Sally Tregenza - Psychiatrist

## Topic 3: Pain management

### Understanding pain

Presented by Tim Cocks – Researcher

### Pharmacological options for the elderly

Presented by Prof Debra Rowett – Pharmacist

### Dealing with chronic osteoarthritis pain

Presented by Dr Nijole Lloyd – General Practitioner

## Topic 4: Debates in arthritis

### Fibromyalgia – a rheumatological construct

Presented by Dr Sam Whittle – Rheumatologist

### Biosimilars: The problems and promises of not being generics

Presented by Prof Michael Wiese - Pharmacist

### Knee arthroscopies – more harm than good

Presented by Prof Susanna Proudman – Rheumatologist

At the conclusion of each topic there will discussion panel for either a  
case study or Q&A session

## Who is this conference for?

General Practitioners	Physiotherapists
Podiatrists	Exercise Physiologists
Pharmacists	Occupational Therapists
Registered Nurses	3 <sup>rd</sup> & 4 <sup>th</sup> year Health Students

## CPD details

**General Practitioners:** 10 (category 2) QI & CPD points

**Exercise Physiologists:** 1 day worth CPD points (Category 2)\*

**ENs & RNs:** 1 day worth of CPD \*

**Occupational Therapists:** 1 day worth of CPD (Category 1)\*

**Podiatrists:** 1 day worth of CPD  
(professional development category)\*

**Pharmacists:** 1 day worth of CPD (Group 1)\*

**Physiotherapists:** 1 day worth of CPD (formal learning category)\*

\*CPD points for Allied Health Professionals are unaccredited

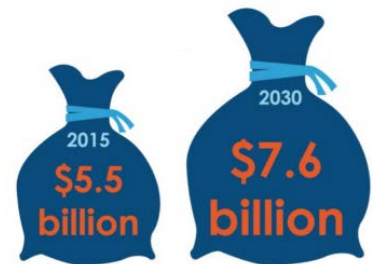
## To register

Phone **8379 5711**, email [katrina.smith@arthritissa.org.au](mailto:katrina.smith@arthritissa.org.au) or visit [www.arthritissa.org.au/health-events](http://www.arthritissa.org.au/health-events) for more details.

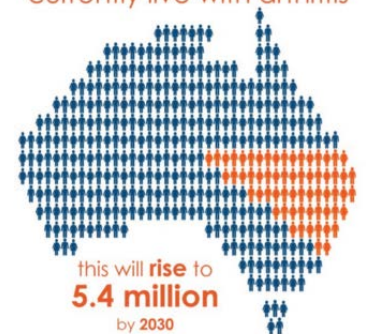
Registrations close **9 June 2017**

## Effects of arthritis in Australia

### Arthritis health system costs



**4 million** Australians currently live with arthritis



**1 in 4**  
South Australians suffer from arthritis