



Carbohydrate Counting Workshop

For Health Professionals

Diabetes SA would like to invite you to attend an interactive workshop designed to provide practical skills and knowledge of carbohydrate counting and how to apply these new skills with clients. This workshop will be delivered by our Accredited Practising Dietitians.

Topics include

- What is diabetes and blood glucose monitoring
- Healthy eating for diabetes
- Basic carbohydrate counting
- Advanced carbohydrate counting
- Strategies and tools for teaching and supporting carbohydrate counting, including current technologies
- Insulin principles and the interaction between carbohydrate counting and insulin regimes
- Other factors affecting blood glucose management
- Case studies and practical activities

Please note this workshop does not cover insulin adjustment or the operations and features of insulin pumps and bolus calculators.

Certificate of attendance, morning tea, lunch and afternoon tea will be provided.

Date

Thursday 18 October 2018

Time

9:30am – 4:30pm

Venue

Diabetes SA
159 Sir Donald Bradman Drive
Hilton SA 5033

Parking

All day parking is available in Attrill Avenue, opposite Diabetes SA.

This workshop is suitable for:

Health Professionals

Dietitians

Diabetes Educators

Students

Cost (incl. GST)

\$200 per person

Bookings

Bookings are essential

Call (08) 8234 1977

Email education@diabetessa.com.au

Online www.diabetessa.com.au

Diabetes SA reserve the right to cancel the course should attendance number not be satisfactory. Alternative arrangements including a refund or inclusion into the next available date will be offered.