



Certificate in Sexual Health – Theory

The Certificate in Sexual Health – Theory offers information, resources and skills for Registered Nurses and Midwives to apply to their practice. Module content blends online interactive content and face-to-face workshops, using adult learning principles and critical analysis.

The course is comprised of the following 6 modules:

Core concepts in sexual health

- Sexual health, sexual response and dysfunction
- Values and assumptions
- Primary health
- Legal aspects
- Gender, sexuality and diversity
- Sexual assault
- Young people and sexual health
- Sexual health and Culturally & Linguistically Diverse communities
- Sexual health and Aboriginal & Torres Strait Islander communities
- Sexual health and people with a disability

Men's sexual health

- Men's health concepts
- Younger men and sexual health
- Older men and sexual health
- Male sexual dysfunction
- Discussion and evaluation

Introduction to sexual health counselling

- PLISSIT model of counselling
- Strategies for sexual health counselling
- Application to practice

Sexually transmitted infections and blood-borne viruses

- STI risk assessment
- Sexually transmitted infections
- Human Immunodeficiency Virus
- Blood-borne viruses
- Dealing with distressed clients pre- and post-test counselling
- Contact tracing
- Safer sex

Women's sexual health

- Women's health concepts
- Sexual dysfunction
- Common gynaecological problems
- Menopause
- Cervical screening
- Breast screening

Reproductive health

- History taking for contraception
- Abortion
- Hormonal oral contraception
- Everything but the Pill (focus on LARCS)
- Young parenthood
- Infertility

Continuing Professional Development

As an alternative to the complete course, individual modules can be attended as Continuing Professional Development and receive a statement of attendance with CPD hours.

Dates for 2017
25–29 September

Complete course, fee and registration details are available on the SHine SA website:
www.shinesa.org.au/courses/certificate-in-sexual-health-theory

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