

PRIMARY MENTAL HEALTH CARE SERVICES PROVIDER LIST

There are two major regional providers of Primary Mental Health Care Services (PMHCS). The **Links to Wellbeing Consortium** will cover the southern and centre east region. The **Northern Health Network** will cover the north and centre west region. Adelaide PHN has also commissioned a range of Specialist providers of PMHCS across the metropolitan region including workforce development.

Two Major Regional Providers

Northern Health Network

In Adelaide's northern and central western regions.

Links to Wellbeing

In Adelaide's southern and central eastern regions.

Specialist Service Providers

Nunkuwarrin Yunti – targeted mental health services for the Aboriginal and Torres Strait Islander communities and their families

Anglicare SA - Living Beyond Suicide - postvention and bereavement support and suicide prevention services providing psycho-social support to individuals and their families.

Perinatal, Anxiety & Depression Australia (PANDA) - intensive phone based support and care coordination for women and their families in the perinatal period.

Community Access & Services South Australia (CASSA) - Care Coordination for people from a Culturally and Linguistically Diverse Background.

SHINE SA - psychological and peer support for the transgender and gender diverse communities.

PsychMed- clinical suicide prevention and psychological support for severe mental illness.

Uniting Communities - psychological support for young people with a comorbidity.

Developing Minds - low intensity and psychological support for children under 12.

Brian Burdekin Clinic - psychological support and care coordination for homeless and complex presentations.

New Central Referral Fax Number 1300 580 249