

Reducing the Risk of Cardiovascular Disease After Pregnancy Complications

FOR GPs & NURSES



DATE & TIME

6.30-9.15pm
Monday 26th March 2018

VENUE

Mawson Lakes Hotel
10 Main Street
Mawson Lakes SA 5095

Light dinner provided
No cost to attend

This education session will provide information on how to identify women who are at higher risk of developing premature heart disease. The information provided in this session will be useful for attendees to educate female patients on how to improve their health and reduce their risk of developing heart disease in the future.

LEARNING OUTCOMES

- Explain gestational hypertension, preeclampsia and diabetes and understand how spontaneous pre-term birth and small for gestational age babies increases the risk of future hypertension, diabetes and premature IHD in women.
- Identify female patients in your practice who are at risk and set-up regular screening for CV risk factors for prevention and treatment of premature IHD.
- Utilise this information to educate female patients and help them to understand their risk. Describe the referral pathways for further lifestyle counselling as required.

AGENDA

- 6.30pm - 7.00pm** Registration & light dinner
7.00pm - 8.00pm Presentation by Dr Arstall
8.00pm - 8.10pm Break
8.10pm - 9.00pm Presentation by Dr Arstall
9.00pm - 9.15pm Q&A, evaluation & close



PRESENTED BY

Dr Margaret Arstall
Director of Cardiology
NALHN

Associate Professor
University of Adelaide



REGISTRATIONS

Register online at
[www.northernhealth.net/
education-events](http://www.northernhealth.net/education-events)

or email
RSVP@northernhealth.net
by Monday 19th March 2018



RACGP

QI&CPD
2017-19 Accredited Activity
Category 2



3 points