



11<sup>th</sup> July, 2016

Dear Colleagues,

We are pleased to inform you that **Central Adelaide Local Health Network** has expanded outpatient services in reproductive endocrinology and infertility across both the Royal Adelaide Hospital and The Queen Elizabeth Hospital. The service aims to assist clinical decision making and support optimal patient care for women with reproductive endocrine conditions and infertility in the public sector and will include the following:

1. Dedicated Polycystic Ovary Syndrome (PCOS) clinic implementing practices based on national evidence-based guideline for the assessment and management of PCOS. The consultation includes a comprehensive patient assessment with attention to endocrine, metabolic and emotional wellbeing. This enables to communicate clear information to primary health care providers to provide effective, sustainable community-based interdisciplinary models of care integrated with lifestyle interventions.
2. Baseline fertility investigations for women seeking fertility advice or facing difficulty conceiving.
3. Ovulation induction through close cycle monitoring, aiming to reduce risk of multiple gestation and to enable the timely change to alternative regimes if there is failure to respond. This approach is expected to reduce expensive therapies for uninsured patients and to minimise rapid recourse to IVF in women with ovulatory disorders.
4. Assessment of women with pituitary tumours, hypothalamo-pituitary deficiency, premature ovarian insufficiency, menopause or other reproductive hormonal problems.

These weekly clinics are run by Professor Rob Norman along with Vicki Nisenblat, a subspecialty fellow in CREI (Certificate of Reproductive Endocrinology and Infertility) across both sites. The medical staff are supported by a team of dedicated and experienced nurses, with the aim of implementing best practice care to the individual woman.

We welcome referrals for any patient who you believe would benefit from this newly expanded service. We look forward to working in partnership with you for optimal outcomes in the area of reproductive endocrinology and infertility for the women of Adelaide who to date may not have had access to such a service in the public system.

For further information regarding referrals please contact: Gynaecology Office, TQEH: (08) 8222 6892 or (08) 8222 6818 or Women's Health, RAH (08) 8222 5713.

Yours Sincerely,

**Dr Roy I Watson**  
**Clinical Director Gynaecology**  
**Central Adelaide Local Health Network**

---

**DR ROY WATSON**  
*Clinical Director*  
Obstetrics, Gynaecology & Colposcopy

**PROF MARTIN OEHLER**  
Gynaecology Oncology

**DR CAROLYN MARLOW**  
Gynaecology

**DR PAUL KNIGHT**  
Gynaecology, Urogynaecology, Minimal Access Surgery

**DR MAJID RASEKHI-KOMLEY**  
Colposcopy

**DR DAVID MUNDAY**  
Gynaecology, Minimal Access Surgery  
RANZCOG Training Supervisor

**A/PROF PAUL DUGGAN**  
Gynaecology, Urogynaecology

**DR AMITA SINGLA**  
Gynaecology, Colposcopy

**DR CHRISTOPHER BARRY**  
Urogynaecology & Gynaecology

**DR LINO SCOPACASA**  
Gynaecology, Colposcopy, Gynaecology Oncology  
RANZCOG Training Supervisor

**PROF ROB NORMAN**  
Reproductive Endocrinology and Fertility

**DR JOHN MILLER**  
Gynaecology Oncology

**DR RAY YOONG**  
Gynaecology, Minimal Access Surgery