

Adelaide PHN

Membership Quarterly Update

August 2019

Adelaide PHN is committed to keeping our stakeholders informed about our activities. This update provides timely information about our membership, partnership, commissioned services and commissioning processes. For more information about [commissioning](#), our [Needs Assessment](#) and [Activity Work Plan](#) please click on the links.

Adelaide PHN Website

Please check out our updated website and new Directory of Services and Programs adelaidephn.com.au



Engaging with our Membership

Adelaide PHN Membership Activities

Community Advisory Councils (CAC)

Recruitment for the Northern, Central and Southern Community Advisory Councils (CAC) has concluded for 2019. Ten new members from diverse backgrounds, including Culturally and Linguistically Diverse (CALD), will join the CACs. Adelaide PHN would also like to acknowledge and thank those CAC members who are retiring, many of whom have been with us for four years. Our new CAC members will be introduced to our readership over the coming twelve months.

Clinical Councils (CC)

Adelaide PHN received numerous Expressions of Interest from primary health care professionals, including GPs, dentists, pharmacists, psychiatrists, nurses, practice managers and allied health professionals. There are six new appointees to Southern Clinical Council, five and four appointees in the Northern and Central Clinical Council. Adelaide PHN acknowledges the 11 retiring members and thanks them for their dedication and commitment to the Adelaide PHN, Clinical Councils and primary health care sector.

Network Leadership Group

Since the last edition, Adelaide PHN has recruited new members to the Network Leadership Group (NLG). The NLG plays a vital role in our membership and governance structure. It's all about collaborating special interest areas and connecting the professionals who accrue experience and knowledge through their participation. By bringing your thoughts and ideas to the table, we will together be able to inform our needs assessment and commissioning processes to ensure our local and national priorities are achieved.

In June and July 2019 Adelaide PHN underwent a thorough (and new) recruitment process which resulted in a significant number of applicants. 16 members were appointed with a few having been re-appointed for a second year. The group is multidisciplinary, diverse and is a good representation of the special interest areas from older people to child and youth health to Aboriginal health. Thank you to all applicants for their time and effort.

The members are:

Name	Special Interest Area
Schania Czygan	Aboriginal Health
Kootsy Canuto	Aboriginal Health
Kyp Boucher	Alcohol and other Drugs
Helene Nielsen	Alcohol and other Drugs
Sean Lappin	Child and Youth
Natasha Miliotis	Child and Youth
Tina Karanastasis	Culturally and Linguistically Diverse
Helena Kyriazopoulos	Culturally and Linguistically Diverse
Stewart Pope	Disability Health
Peter Stewart	Disability Health
Kim Smith	Mental Health
Yvette Moseley	Mental Health
Melanie Dancer	Older People
Rosetta Rosa	Older People
Helen Stone	Palliative Care
Tony Lawson	Palliative Care

Health Workforce

SA Primary Health Care Conference 2019

The second South Australian Primary Health Care Conference was held over two days - Friday 14 and Saturday 15 June at the Adelaide Convention Centre. This conference was the second of its kind and attracted a total of 580 people including delegates, speakers, service providers and Adelaide PHN staff. This was an increase of 200 people compared to 2017.

The conference featured an outstanding line up of presenters and a high calibre program covering themes of Collaboration, Integration and Innovation. Don Dunstan Foundation, Thinker in Residence - Ms Allyson Hewitt from Toronto, Canada, made a great addition to the program participating in sessions and providing an international perspective applied to the local health context in her closing remarks. A guided Aboriginal Cultural Walk along the River Torrens, led by Kurna Elder Frank Wanganeen, was well attended by delegates on the Saturday morning.

We had record number of sponsors and 43 SA PHN key stakeholders who exhibited across the two days. This conference saw the introduction of a dedicated Conference App which supported session Q&A and exhibitor attendee networking.

Conference evaluation was very positive, with 93% of delegates responding that they would attend another SA Primary Health Care Conference in 2021 and 82% of delegates agreeing or strongly agreeing that their expectations of the conference were met. Once again, the SA Primary Health Care Conference was a great success and we look forward to seeing you in 2021. For more information or to view the speaker presentations, please visit saphnconference.com.au.

Supporting the Primary Health Care Workforce

In addition to the programs described in this update, Adelaide PHN also provides:

- A General Practice and Primary Health Care Support Enquiry service on phone 8219 5900 and email practicesupport@adelaidephn.com.au
- Face to face visits
- Digital health support and My Health Record support, information and training
- Primary Links, a fortnightly communication newsletter to over 5000 primary health care providers

Over the past three-month period:

- 607 face to face visits, including practice visits and meetings took place
- Over 765 general phone and email enquiries were received and responded to. The focus of enquiries was on mental health, alcohol and other drug services, requests to promote primary health care services, My Health Record, PenCS and requests to be added to our database

There are 167 general practices that have entered into an agreement with us to use a data extraction tool to support quality improvement and health service planning in primary health care. This is 56.4% of digitally enabled practices within the Adelaide PHN region and a 20% increase in participation over the past three months.

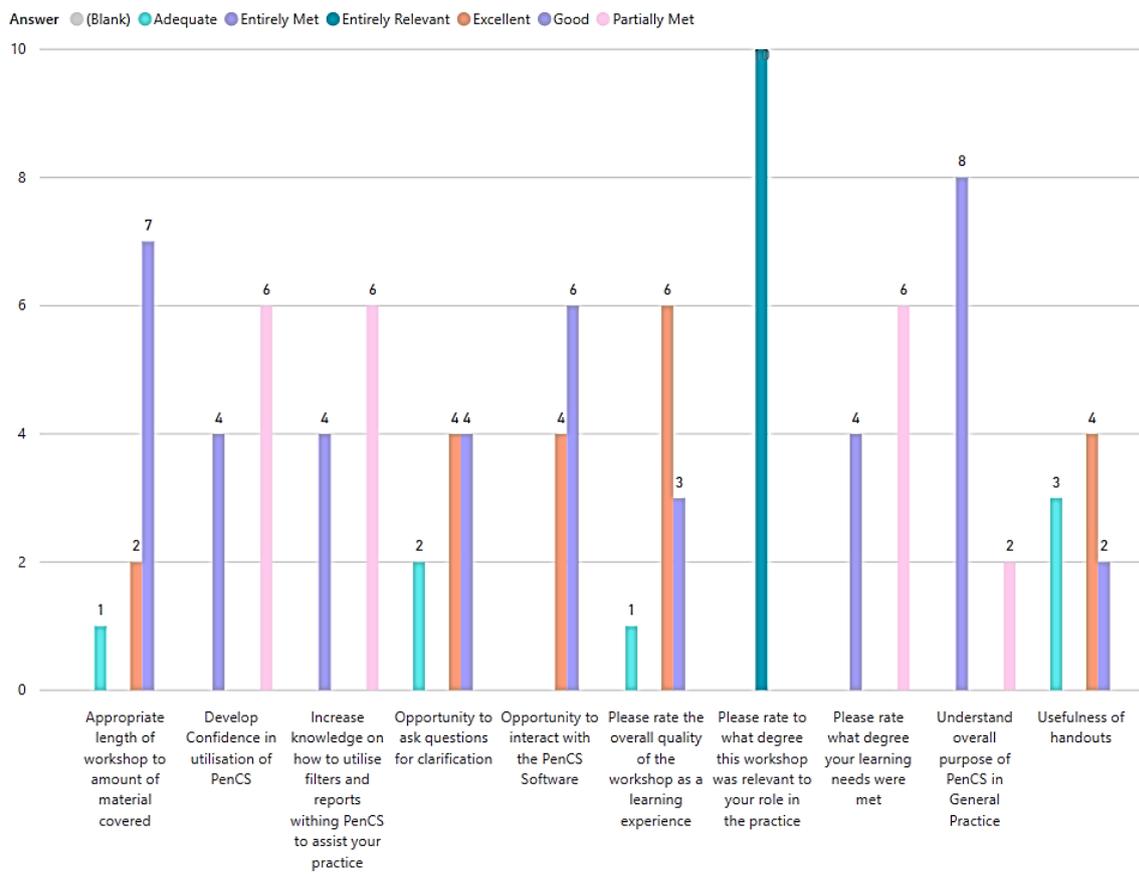
In addition to the above the Adelaide PHN held face to face workshops to support the use and understanding of the PenCS data extraction tool in General practice. The workshops were well

attended by practices staff. Below is a graph of response received by general practice in relation to the PenCS workshop evaluations.

In addition, to the PenCS workshops we also held several accreditation workshops in conjunction with AGPAL to support the understanding and implementation of the RACGP 5th Standards.

These workshops were held across the Adelaide PHN region and were well attended by practice staff. Most workshops had in excess of 30 participants.

For more information, please visit <https://adelaidephn.com.au/our-work/what-we-are-doing-about/supporting-the-primary-care-workforce/>



Workforce Education

sapmea and Sonder continue to provide innovative, multi-disciplinary training and education, aligning with the end of the RACGP triennium. During this quarter they have delivered 14 education sessions.

For more information and to see upcoming professional development opportunities, please visit the Training and Events Page on our website <https://adelaidephn.com.au/resources-news/tools-for-health/training-and-events/>

Digital Health

My Health Record

My Health Record is a secure online summary of your health information. You can control what is recorded and who is able to access the information. The Australian Government has committed to creating a My Health Record for every Australian by the end of January 2019, unless they choose not to have one.

89.3% of South Australians are registered to participate in the My Health Record system, with over 20 million clinical documents and over 49 million dispense records being uploaded across Australia since the inception of the My Health Record.

The latest data available from the Department of Health (weeks ending 5 May – 26 May 2019) saw over 8 million clinical documents uploaded to consumers My Health Record across Australia and over 425,000 clinical documents being uploaded to consumer records across the Adelaide PHN region.

In the Adelaide PHN region, there are;

- 267 Pharmacies
- 304 General Practice
- 51 Allied Health providers
- 30 Specialist practices

The My Health Record team have met with over 60 health care providers over the last quarter, including pharmacists, specialists and allied health professionals, further to this the My Health Record team have attended five community education sessions to assist with raising awareness of the My Health Record and how consumers can utilise their record to support their health.

For more information, please visit <https://adelaidephn.com.au/our-work/what-we-are-doing-about/my-health-record> or www.myhealthrecord.gov.au

Population Health

Immunisation

During the last quarter, the Immunisation Hub delivered the full day “Introduction to Immunisation” workshop which was attended by 13 nurses. Evaluations indicated the workshop was highly valued.

In response to the influenza outbreak, particularly in Residential Aged Care Facilities (RACFs), influenza immunisation education and vaccine administration support was offered to all RACFs within the Adelaide PHN region. Approximately 250 vaccinations were administered to RACF staff across seven facilities.

Influenza and whooping cough booster vaccines were offered at the recent NAIDOC Family Day. The weather was not kind, but some people sought to be protected from disease and were vaccinated.

For more information, please visit the Immunisation Hub website immunisationhub.com.au/

Get Screened and Get on with Living

Adelaide PHN has funded an additional burst of media activity for the Get Screened and Get on with Living campaign in July, across catch up television, radio and digital platforms. Additionally, to support general practice in prompting conversations about cancer screening with their patients, information kits about the campaign were delivered to all general practices in the metropolitan region. Most kits were delivered by practice facilitators, and others by mail. Kits contain campaign posters designed to be displayed in waiting, treatment or consulting rooms and DL flyers that can be distributed to patients. You can view the campaign video and download digital material here:

<https://www.cancersa.org.au/get-screened-and-get-on-with-living>

We encourage all primary health care providers to promote the campaign through display on waiting room screens, websites and social media.

For more information, please visit the Directory of Services and Programs page on our website

<https://adelaidephn.com.au/our-work/our-activities/directory-of-services-programs/>

Integrated Care

HealthPathways South Australia

HealthPathways continues to be a central source of information to facilitate primary and acute sector health care professionals to work together to improve patient access to the right care at the right time in the right place.

In the past three months HealthPathways SA was a big part of the SA Primary Health Care Conference on the 14 and 15 June 2019, with our GP Clinical Editors and Clinical Coordinators on site across the two days at the HealthPathways exhibition table building connections for pathways that are currently in development. HealthPathways was also incorporated into the session on Integration demonstrating how it can be applied in practice and how it can support integrated care across primary and acute care.

We are excited with the upcoming pathways for consultation in the next month being:

- Chlamydia
- Syphilis
- Anaphylaxis
- Health Assessments for Aboriginal and Torres Strait Islander People
- Gonorrhoea
- Influenza immunisation
- Influenza pandemic
- Influenza
- Colorectal symptom
- Blood or Body Fluid Exposure
- Coeliac Disease in Children
- Cognitive Impairment and Dementia

With a focus on getting the influenza pathways live as soon as possible.

If you are a GP, practice nurse, allied health, pharmacist, or other health professional who works in South Australia and has an interest in pathway consultation send the team an email:

SouthAustralia@healthpathwayscommunity.org

Looking over the last quarter the 10 most accessed clinical pathways have been:

- Chronic Non-cancer Pain in Adults
- Suicide Risk
- Constipation in children
- Heart Failure
- COPD Assessment
- Kidney Disease Screening in Diabetes
- Acute Otitis Media (AOM) in Children
- Immunisation – Children (aged <10 years)
- Immunisation – Pregnancy
- Headaches in Adults

Further information can be found on the project site: <https://saproject.healthpathwayscommunity.org/>
HealthPathways South Australia is funded and implemented through a partnership between SA Health, Adelaide PHN and Country SA PHN.

Adelaide PHN and Local Health Network Integration

Adelaide PHN is meeting regularly with the 3 regional metropolitan LHNs looking at opportunities for integration between primary and acute health services.

Northern GP Liaison Unit - The Northern GP Liaison Unit is entering its second year, please see link for further information <https://adelaidephn.com.au/resources-news/keep-up-to-date/media-releases/general-practice-liaison-unit-gplu-update-and-call-for-bookings>.

Southern GP Integration Unit - Adelaide PHN are partnering with SALHN to commence the Southern GP Integration Unit and recruitment is currently underway. Adelaide PHN is currently in discussions with CALHN for a central unit.

CALHN, GPs and Hospital Consultants Workshop - On 26 June 2019, Adelaide PHN hosted a roundtable workshop to give CALHN GPs and Hospital consultants working in the Adelaide metropolitan region an opportunity to discuss how to reach a successful and productive working relationship to achieve better health outcomes. Click here to download the summary report.

https://adelaidephn.com.au/assets/June_2019_Summary_from_Enzyme_GP_Workshop.pdf

Priority Care Centres - Adelaide PHN is continuing to work collaboratively with SA Health on the Priority Care Centres. Patients with non-life threatening injuries and illnesses will soon be able to get the care they need without needing to go to a hospital emergency department, establishing community treatment sites across metropolitan Adelaide.

Four Priority Care Centres will be trialed in an attempt to provide more timely treatment for patients and reduce long waits in emergency departments.

For additional information on Priority Care Centres please click here <https://adelaidephn.com.au/resources-news/keep-up-to-date/media-releases/priority-care-centres-to-ease-pressure-on-eds-a-message-from-minister-for-health-and-wellbeing>

Clinical Integration at the Local Level Forum

In May 2019, Adelaide PHN facilitated the Clinical Integration at the Local Level Forum with the peak health professional bodies. The purpose of the forum was to bring health professional organisations together to consider how to enhance delivery of person centred, integrated care to meet the health needs of the community.

Over 30 health professional organisations were invited to the Forum of which 10 organisations were represented. In total 18 professionals attended the Forum participating in a workshop to discuss clinical integration.

For a summary report of this event, please see the consultation report page on our website <https://adelaidephn.com.au/our-work/understanding-our-region/consultation-reports/> or visit the Integrated Care website aphnintegratedcare.com.au/

People's Experience of General Practice Commissioned Services (Happy or Not)

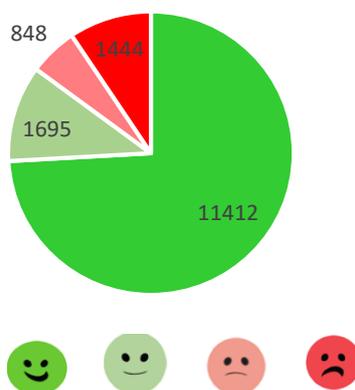
The Smiley Touch (Happy or Not) devices were deployed as part of a trial to better understand and thereby improve the satisfaction and experience of people accessing Adelaide PHN commissioned services, those services focused on developing patient-centred care models.

For the period April to June 2019 there were 15,699 responses received by consumers whom had accessed one of the services in which the Smiley Touch devices are available.

It was noted in the reports that over 11,400 people had a positive experience when accessing their chosen service with comments such as "it was great", "I love this place", and "good" as their response, it was also noted that there were 1,444 negative experiences most of which related to comments around wait times.

From April 2019 to June 2019 data collected indicated that patients mostly provided positive feedback in relation to their experience.

Patient Feedback Results April-June 2019



Adelaide Respiratory Health Project

Asthma Foundation SA continue to provide this program to four general practice and 12 pharmacies across the outer south and north of the Adelaide PHN region. As well as delivering the main activities of the project they have also agreed to support the Winter wellness campaign being coordinated by SA Health and Adelaide PHN. Their contribution to this includes promoting and publicizing the Lung Foundation Australia Winter Campaign activity 'Have the CHAT [Coughing more than usual, Hard to breathe, Any change in sputum, Tired more than usual] for people with COPD. Educating the current participants about the focus areas related to Winter wellness and the importance of immunisations, and increased infections and hospitalisations. Provide promotional material for general practice and pharmacies for use in waiting area about being vaccine ready regarding flu vaccination. We are currently undertaking a redesign process with them to support implementation of new deliverables.

For more information, please visit the Directory of Services and Programs page on our website <https://adelaidephn.com.au/our-work/our-activities/directory-of-services-programs/adelaide-respiratory-health-project-improving-outcomes-for-people-living-wi>

Aboriginal Health

Integrated Team Care - Closing the Gap (ITC CTG)

Delivered across the region of Adelaide the ITC CTG assists Aboriginal and Torres Strait Islander people to better manage their chronic health conditions, assisting access to medical specialists, allied health providers and culturally appropriate health and wellbeing programs.

The program employs an Aboriginal workforce committed to providing wrap-around support for clients, with the aim of avoiding hospitalisation and supporting self-management activities.

The program has achieved a marked increase in referrals over the past three years with over 1000 active clients on the program. Care coordination, supplementary and clinical services for clients are undertaken by one lead agency - Sonder - in the northern, western and southern regions of Adelaide. The program and workforce have recently won several awards recognised for their dedication and achievements in supporting Aboriginal and Torres Strait Islander clients.

For more information, please visit the Directory of Services and Programs on our website <https://adelaidephn.com.au/our-work/our-activities/directory-of-services-programs/integrated-team-care-previously-known-as-closing-the-gap-program>

Cultural Learning

Adelaide PHN have commissioned the cultural learning program, partnering with Linking Futures and AOGP to deliver face to face sessions to all Adelaide PHN commissioned service providers, and more broadly primary health care providers who work across the Adelaide region. Phase one reached 400 participants, this program is now moving into phase two.

Phase two will include focus areas on Pharmacy, Aged Care, Mental Health and AOD. New activity will include the delivery of Cultural Learning Hubs, these Hubs will have a specific focus on the six Aboriginal Actions within the Aboriginal and Torres Strait Islander User Guide and Aboriginal Action Plans for Adelaide PHN commissioned service providers. Workshops will be facilitated to support Adelaide PHN commissioned service providers develop and implement Aboriginal action plans.

Aboriginal and Torres Strait Islander Community Peer Support for Cancer Screening

The Community Peer Support Program aims to increase participation in breast, bowel and well women's screening for Aboriginal and Torres Strait Islander people living in metropolitan Adelaide. This program is about reducing the impact of cancer in Aboriginal communities, by empowering Aboriginal and Torres Strait Islander people to increase cancer screening literacy.

The program has recruited eight individuals as "peer ambassadors" to deliver culturally appropriate messages about screening. The recruits have participated in facilitator training and have successfully delivered a number of yarning circles with community members across regions of Adelaide. Feedback from participants has been positive with peer ambassadors linking people into appropriate services for screening. In the next phase of the program more ambassadors will be recruited with an aim of delivering 45 yarning circles across Adelaide over the next 12 months.

Aboriginal Health and Youth Care Coordination

The Program delivers comprehensive primary health care services in the southern region of Adelaide with a focus on Aboriginal and Torres Strait Islander people and youth.

The southern site, Winmante opened at the beginning of the year in Morphett Vale and was named by the newly formed Aboriginal Advisory Group of the program. The program continues to engage and connect vulnerable communities and youth to consistent primary health care and culturally appropriate GP services. This next phase of the program will focus on care coordination services and integration strategies with southern Adelaide youth programs and services.

Domestic and Family Violence Support for Aboriginal Families Project

A newly commissioned program with the aim to reduce violence and its impacts in Aboriginal and Torres Strait Islander families. The program will increase access to appropriate early intervention services and primary health care to better support Aboriginal families experiencing domestic and family violence.

This program will support families targeting those with addictions and mental health issues and working both clinically and culturally supporting addiction prevention and referring clients to other trusted specialised services as needed.

Funded roles for the program will provide strengths-based health services and real time referrals as needed, extended wrap around services to Aboriginal families, increasing access to appropriate early intervention programs; and strengthening relationships between primary care services and specialist services to improve service integration and develop care pathways, the program will also involve specific workforce support and capacity building strategies.

Alcohol and other Drugs

From 1 July 2021 Adelaide PHN will commission AOD treatment services in line with local needs and priorities, in accordance with our Needs Assessment.

Commissioning / Contracting

Adelaide PHN's commitment to providing service continuity to the drug and alcohol treatment sector was realised with the provision of funding certainty for up to two years. As per Commonwealth requirements for the future commissioning of drug and alcohol treatment services from 1 July 2019, treatment services continue to receive the current annual funding levels for 2019-20. Service coverage to existing geographical areas currently being serviced remains. Almost all Project Schedules are now executed.

The approved Adelaide PHN Drug and Alcohol Treatment Activity Work Plan 2019-2022 is now available on our website at https://adelaidephn.com.au/assets/APHN_AOD_AWP_2019-22_FinalDoH_PublicVersion_270619.pdf, and we continue to undertake health population planning to assess the drug and alcohol treatment health needs of our region, to ensure future commissioning of AOD treatment services aligns with local needs and priorities, in accordance with our Needs Assessment.

Aboriginal Post-Release Pathways “journey2home”

The Aboriginal Post-Release Pathways project, “journey2home” continues to demonstrate successful outcomes since commencement on 1 April 2019.

The program, underpinned by a strong focus on building connectivity within the Justice and offender development community, provides culturally sensitive, comprehensive support for Aboriginal men and women who have been in connection with the criminal justice system. Eligibility requires that the individuals have a sentence that has partly been attributed to AOD / substance misuse and are exiting or have been in contact with the criminal justice system [< 3 months post-release] and at risk of relapse, poor health, re-offending and/or mortality.

The program has received 21 referrals between 1 April – 31 May 2019, 18 of whom received a tailored support package.

Although the program is still in its infancy, significant reductions in drug use have been achieved and abstinence from drug and alcohol use since release from prison has been maintained. Ongoing evaluation of the program will determine longer-term health and recidivism outcomes. Feedback from participants identifies positive program experience, in particular, that the model's flexibility based on participant needs and choice is a significant factor in treatment engagement and recovery outcomes.

After-Hours

After-Hours Needs Assessment

Adelaide PHN has commenced a review and update of the After Hours Needs Assessment to inform future commissioning including advocacy and partnership strategies. In addition to reviewing and updating population health and service usage data, membership and stakeholder consultation informs the process to understand the current gaps in After Hours services. Membership consultation was undertaken in June/May 2019 with three Clinical Councils (CCs) and three Community Advisory Councils (CACs). The CCs and CACs were asked the following question; “Given your expertise and experience what services are we missing which impact on after hours care?”.

Thematic analysis identified the following (main) themes to afterhours services/care:

1. Awareness of existing After-Hours services
2. Alcohol and Other Drugs
3. Dental health
4. Pharmacy
5. Youth – mental health, sexual health and alcohol and other drugs

Stakeholder consultation will be undertaken in coming months with identified organisations to investigate further the challenges and possible intervention measures.

Mental Health

Primary Mental Health Care Services

During July to December 2018 the 13 commissioned service providers of primary mental health care services delivered services to nearly 5,000 people (excluding headspace centres). This includes 13,838 psychological therapy contacts to 3,204 people. For those with multiple clinical outcome measures recorded, 73% showed improved scores with the remainder showing no change or declining.

New activity commissioned during the quarter includes:

emerge - Adelaide PHN has commissioned Sonder to deliver a free service in Adelaide’s outer northern and outer southern metropolitan regions for young people 16-25 years old who are experiencing or at risk of experiencing chronic and complex mental illness. The emerge program has a specific focus on young people dealing with anxiety, depression, eating disorders, bipolar disorder, psychosis, trauma and borderline personality disorder where these conditions are having a significant impact on their lives and ability to function. See our announcements page for more information on this program

<https://adelaidephn.com.au/resources-news/keep-up-to-date/media-releases/more-support-for-young-people-with-complex-mental-health-needs>

The service delivers family-centred treatment that is specialised and evidence-based, with the young person, their family, clinicians, peer workers and care coordinators working as a team towards the goal of wellness and recovery. Services commenced from two headspace centres - Edinburgh North and Onkaparinga, on 11 February 2019.

Referrals can be received from GPs and other primary health care providers through the Central Referral Unit. Alternatively, young people can self-refer or be referred through a school or community worker. Families, carers or friends can also refer on behalf of the young person, with the person's consent.

Adelaide PHN has also provided funding for additional youth mental health services targeting the same client group at headspace Adelaide and Port Adelaide.

- Anglicare SA are delivering additional community-based suicide prevention activities in the northern region of Adelaide, and for Aboriginal and Torres Strait Islander people
- Sonder and Links to Wellbeing staff are receiving psychiatric consultancy for group training and case reviews
- Developing Minds have extra funding for individual services and groups to help children with emotional regulation difficulties (and their parents)
- The ACT Centre received funding to provide youth mental health services for Aboriginal clients

For more information about Adelaide PHN funded primary mental health care services, please visit our website <https://adelaidephn.com.au/our-work/what-we-are-doing-about/primary-mental-health/>

National Psychosocial Support Measure

Adelaide PHN has commissioned Neami National to deliver the National Psychosocial Support Measure (NPSM) in the Adelaide PHN region. People living with a complex and/or chronic mental health condition will be able to access the support of a trained peer support worker or community rehabilitation support worker to improve their health and wellness so they can live their lives to their full potential. Among other things, people can access support with homelessness issues, access to employment, social isolation, learning new skills or management of their tenancy.

People will be able to access support if they:

- Are aged between 18 and 64 years of age
- Live in the Adelaide metropolitan area
- Don't already get support from the National Disability Insurance Scheme (NDIS)
- Have a psychosocial disability

A GP referral is not necessary, nor is a diagnosis. People can self-refer into this program or be referred by friends or family.

To access NPSM people can call:

- **Mental Health Enquiry Line - phone 1300 898 213**
- **Neami National - phone 1300 358 220**

You can also download a referral form for the program from: www.neaminational.org.au/NPS

New Mental Health Treatment for Residents of Aged Care

The pilot project providing mental health services to residents was launched in July and is off to a smooth start. As we indicated in the last edition, there will be a tender process including an industry briefing for both mental health service providers and residential aged care facilities. The briefings are scheduled for 17 and 18 September respectively and have already generated interest. See our announcement on our website <https://adelaidephn.com.au/resources-news/keep-up-to-date/media-releases/mental-health-treatment-services-for-residents-of-aged-care>

Working together for better mental health care in the community

Adelaide PHN Mental Health Special Interest Area (SIA) is made up of over 180 health professionals, service providers and community members. The network works collaboratively to share ideas, develop partnerships and foster actions to improve mental health services in South Australia.

One of the key recommendations from the SIA is to develop a Mental Health Service Charter, to establish broad principles developed by, and committed to, by mental health service providers in South Australia.

Adelaide PHN, the Mental Health Coalition of SA and SA Mental Health Commission is working in partnership to develop this Charter. Please email Anna DiSalvatore adisalvatore@adelaidephn.com.au for more information.

Palliative Care

Enabling Choice for South Australians

Enabling Choice for South Australians (ECSA) is the Adelaide PHN response to the Greater Choice for At Home Palliative Care Measure. ECSA aims to identify and support advance care planning conversations in residential aged care. Good advance care planning enables the residents wishes, goals, concerns and fears about their future health care to be respected and supported. Six aged care organisations and twenty-six sites are involved in the project.

The Quality Improvement Facilitators have completed data collection and analysis across the 26 residential aged care facilities involved in the project. Results have been fed back at facility and organisational level.

Several consistent themes have emerged from this piece of work. An overarching quality improvement plan has been developed across the 6 organisations involved in the project. Leads from each of the organisations have agreed in principle to adopting the Quality Improvement Plan to ensure sustainability and continuity across their organisations and residential aged care facilities.

The Enabling Choice for South Australians project has been chosen by Deloitte as a case study site. The case study is designed to draw out more detailed insights about what is working in different contexts across the trial sites. There are 11 PHN's across Australia involved in the The Greater Choice for at Home Palliative Care Measure, four have been chosen as trial sites.

The implementation phase of the project is underway and will continue until June 2020.

The following are some of the quality measures included in the implementation phase:

- Training for Registered, Enrolled Nurses and Personal Care Workers. Suitable providers are being sourced to provide the training.
- Lead staff member in each facility to work closely with the Quality Improvement Facilitators to embed sustainable change underpinning the quality improvement activity.
- Development of an Advance Care Planning Pathway and guidelines as part of a consistent approach to Advance Care Planning.
- The Quality Improvement Facilitators will work alongside facilities to embed a best practice framework for Advanced Care Planning, which includes the adoption of a consistent process and suite of documents across each of the organisations.

The Intersectoral Group met In June 2019 with a further meeting planned for September 2019.

For more information, please visit the Directory of Services and Programs page on our website <https://adelaidephn.com.au/our-work/our-activities/directory-of-services-programs/enabling-choice-for-south-australians-ecsa-building-capacity-to-support-peo>

Children & Youth

Paediatric Partnership (Northern Project)

In 2018 Adelaide PHN commissioned Adelaide Paediatrics to deliver two “Paediatric Partnership” projects, one in Adelaide’s northern suburbs and one covering southern suburbs. The projects work with Northern Adelaide Local Health Network (NALHN) and Autism SA to provide Autism Spectrum Disorder, Global Developmental Delay and Psycho-Educational Assessments for children on existing wait lists.

The first referrals into the program were received in November 2018 for the northern project and February 2019 for the Southern project. Since then both projects have seen tremendous success. In total 97 children have received an ASD assessment while six have received a Global Developmental Delay assessment and 10 have received a Psycho-Educational assessment.

An additional 31 appointments with a variety of therapies have been provided where immediate interventions will best serve the developmental needs of the children involved. Families are then supported to access the National Disability Insurance Scheme.

The project will continue to work with NALHN and Autism SA in 2019-20 to deliver timely assessment to children during this important developmental period of their lives.

For more information, please visit the Directory of Services and Programs page on our website <https://adelaidephn.com.au/our-work/our-activities/directory-of-services-programs/paediatric-partnership-projects>