

# Aged Care 2020/21 Report Card



Adelaide PHN aims to facilitate and establish person centred services that enable and empower older people with the involvement of their families and carers to live well and independently in our community. This report card shows how key PHN Performance Indicators relating to aged care are tracking in the Adelaide PHN region in 2020/21.

## Care Connections

We commissioned support for 6 practices to improve the care of older people in our community by providing...



**233 face-to-face support sessions**



**198 virtual meetings**



**174 patients over 60 years**  
with a chronic disease management plan



**Outcome** better outcomes and experience in primary health care

## Palliative Care

Our Greater Choice for at Home Palliative Care Measure supported capacity building and continuous quality improvement in residential aged care facilities



**60 training days**  
(includes coaching and mentoring)



**100 nurses trained**  
in advance care planning



**120 My Life Decisions completed**  
with 150 advance care planning conversations



**200 7-step pathways completed**  
across 21 residential aged care facilities



**Outcome** better outcomes and experience in primary health care

## Capacity Building

Commissioned workshops to support providers in treating older people, helping them stay well and out of hospital



**5 FORTRESS Frailty sessions**  
were held for GPs, nurses, pharmacists and allied health providers



**Almost 100 providers**  
attended the sessions



**Outcome** better outcomes and experience in primary health care