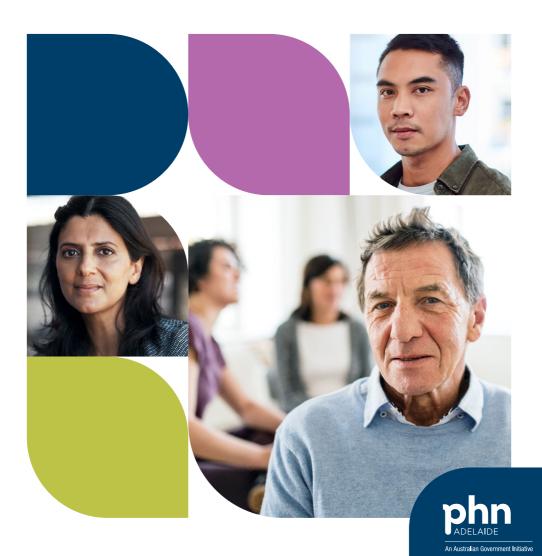
Adelaide PHN's

# Alcohol and Other Drug Treatment Services



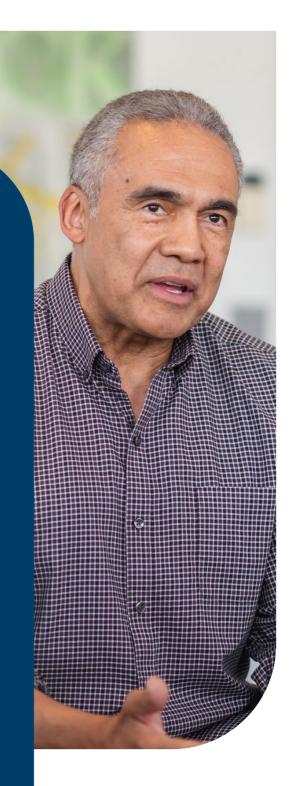
Adelaide PHN commissions a wide range of alcohol and other drug (AOD) treatment services and activities across Adelaide.

Services and programs support individuals and families affected by AOD use, LGBTIQA+ people, culturally and linguistically diverse (CALD) people, Aboriginal people, young people, and those who have been, or are at risk of being, in contact with the South Australian criminal justice system. Services are provided free of charge to the community.

The complete list of our commissioned service providers is available via our directory of services and programs page – visit adelaidephn.com.au/directory.

#### Referrals:

- Self-referrals
- Family members
- Health care services (general practice, mental health services)
   / health professionals
- Community services



## Drug and Alcohol Services for People from CALD Communities

#### Service provider

Community Access and Services SA (CAaSSA)

#### **Target population**

Free, voluntary, and culturally appropriate AOD treatment interventions for people (and their families) aged 18+ years from CALD communities living in the Adelaide metropolitan region.

#### Substances of concern

Any

#### Location

Multiple locations:

- 62 Athol Street, Athol Park
- Flinders Wellbeing Centre (Shared location.
   By appointment only)
   28 Ann Street, Salisbury

#### **Opening hours**

Monday to Friday 9.00am - 5.00pm

#### Services offered

Person centred and culturally sensitive approach based on the consumer's identified needs. Inreach and outreach provided across the Adelaide PHN region including non-traditional service settings (e.g., libraries and community centres) and home visits. The team are culturally diverse and speak multiple languages. Interpreting services are also available if needed.

#### **Treatment interventions offered**

Screening and assessment, brief interventions, one-on-one support/case management, individual counselling, SMART recovery groups, peer support, working with and supporting families/significant others.

#### **Contact and more information**

(08) 8447 8821 admin@caassa.org.au caassa.org.au

## Drug and Alcohol Youth Outreach Service

### Service provider Mission Australia

#### **Target population**

Young people aged 10-25 years with mild to moderate substance use issues, including servicing young people who are accessing headspace services.

#### Substances of concern Any

#### Location

Multiple locations:

- 80 Richmond Road, Keswick
- Elizabeth TAFE
   Northern Sound System
   73 Elizabeth Way, Elizabeth
- Commonwealth House
   Noarlunga Centre, Noarlunga

#### **Opening hours**

Monday to Friday 9.00am - 5.00pm

#### **Services offered**

Residential, general practice, Aboriginal Community Controlled Health Organisations, headspace Centres, HYPA.

#### Treatment interventions offered

Assertive outreach, ongoing counselling, care coordination, family support, information, and education peer support (individual and aroups).

Community education and capacity building.

#### Contact and more information

(08) 8417 8100 outreachcdas@missionaustralia.com.au missionaustralia.com.au

## Partners Toward Wellbeing

#### Service provider

Mission Australia

#### **Target population**

People with co-occurring AOD and mental health conditions. Will also prioritise CALD, older people, and Aboriginal and Torres Strait Islander people who fit the above criteria.

#### **Substances of concern**

Any

#### Location

Multiple locations:

- Mission Australia
   80 Richmond Road, Keswick
- Mission Australia
   Commonwealth House,
   Noarlunga Centre, Noarlunga
- Sonder2 Peachey Road, Edinburgh North
- Sonder233 Sturt Road, Marion

#### **Opening hours**

Monday to Friday 9.00am - 5.00pm

#### Services offered

Hub and spoke model covering central Adelaide, northern, southern and outer southern suburbs. Outreach services also provided. Online and telephone support available.

#### **Treatment interventions offered**

Counselling (AOD and mental health psychological therapies), care coordination, family support, individual and group peer support.

Aboriginal peer support worker available.

#### **Contact and more information**

(08) 8417 8100

PTW@missionaustralia.com.au missionaustralia.com.au

## **Streetlink**

#### Service provider

**Uniting Communities** 

#### **Target population**

Young people aged 10-25 years with complex needs and their families. Complex needs including poor mental health, poor physical health, lack of meaningful activities e.g., employment or training; housing insecurity, pregnancy, gambling concerns, legal programs, domestic or family violence or dysfunction, including servicing any young people who are accessing headspace services.

#### **Substances of concern**

Anv

#### Location

Multiple locations:

- 43 Franklin Street, Adelaide (main service location with integrated private GP clinic)
- 107 Dyson Road, Christies Beach
- 26 Anderson Walk, Smithfield

#### **Opening hours**

Monday to Friday 9.00am - 5.00pm

Drop in nurse:

Monday to Friday 1.00pm - 4.00pm

Clean Needle Program:

Monday to Friday 9.00am - 5.00pm

GP:

Thursday and Friday.
Bulk Billing. Appointment only.

#### Services offered

In-reach and outreach services, residential, general practice, Aboriginal Community Controlled Health Organisations, allied health, youth services. Phone and virtual online sessions available.

#### Treatment interventions offered

Drop-in support (including nursing support), information and education, screening and assessment, counselling, care coordination, withdrawal support, pharmacotherapy, peer support, SMART recovery groups. Clean needle program available.

#### **Contact and more information**

(08) 8202 5950 streetlinkadmin@unitingcommunities.org unitingcommunities.org

## LGBTIQA+ AOD Service

#### Service provider

Thorne Harbour Health

#### **Target population**

LGBTIQA+ people, including servicing any young people who identify as LGBTIQA+ who are accessing headspace services

#### **Substances of concern**

Anv

#### Location

1/122 Carrington Street, Adelaide

#### **Opening hours**

Monday to Friday 9.00am - 5.00pm After hours by arrangement

#### Services offered

In-reach and outreach offered across the Adelaide PHN region, including CBD appointments where required. Telehealth is also available.

#### **Treatment interventions offered**

Brief intervention counselling, ongoing counselling, care and recovery coordination, family support, peer support and recovery groups.

#### **Contact and more information**

(08) 7078 4128 or 1800 134 840 (toll free)

General enquiries: aodsa@thorneharbour.org

Referrals:

aodsaintake@thorneharbour.org

thorneharbour.org

## **Harm Minimisation Team**

#### Service provider

Nunkuwarrin Yunti

#### **Target population**

Aboriginal and Torres Strait Islander people aged 15 years and older, with complex substance use issues, and their families and significant others.

#### **Substances of concern**

Anv

#### Location

Multiple locations:

- 182-190 Wakefield Street. Adelaide
- Brady St Clinic 28-30 Brady Street, Elizabeth Downs
- 17 Beach Road, Christies Beach

#### **Opening hours**

Monday to Friday 9.00am - 5.00pm

#### Services offered

In-reach and outreach provided.

In-reach to Flinders Wellbeing Centre - 28 Ann Street, Salisbury - assertive outreach in the Adelaide city parklands, residential settings (homes and accommodation services), treatment facilities, and general practice.

Face to face, telephone and online options available.

#### **Treatment interventions offered**

Information and education, brief interventions, assessment, family support, case management (care coordination and relapse prevention), counselling, including narrative therapy, counselling and peer support.

#### Contact and more information

(08) 8406 1600 nunku.org.au

## **Matrix Program**

#### Service provider

PsychMed

#### **Target population**

People experiencing significant substance use issues aged 18 years and older, undergoing drug replacement therapy with a medical practitioner.

#### Substances of concern

Methamphetamine or cocaine, with or without opioid use.

#### Location

Multiple locations:

- Level 1, Bagot House,
   198 North Terrace, Adelaide
- 1-3 Burman Avenue, Gilles Plains
- 224 Seacombe Road, Seaview Downs

#### **Opening hours**

Monday to Friday 9.00am - 5.00pm

Matrix Group: Monday, Wednesday and Friday at 10.00am

After hours support group once per week: Thursday 4.00pm - 6.00 pm

Gender and parenting support groups once per week: Tuesday 9.30am - 11.00am

#### Services offered

3 x 16-week Matrix programs (maximum 20 participants in each program) available per site (Adelaide, Gilles Plains and Seaview Downs) per annum. Intensive outpatient treatment. Assertive follow-up.

Face to face, telephone and online options available.

#### Treatment interventions offered

Psychometric assessments and medical review.

Use ASSIST to conduct screening and assessment.

Counselling, group sessions, peer support, family, and carer support.

#### **Contact and more information**

(08) 8232 3333 slemon@psychmed.net.au psychmed.com.au

## **Client Treatment Services**

#### Service provider

Offenders Aid and Rehabilitation Services of South Australia (OARS) Community Transitions

#### **Target population**

People aged 18 years or older who have been, or are at risk of being, in contact with the South Australian criminal justice system. Support is also available to the families of these individuals.

#### Substances of concern

Any

#### Location

Multiple locations:

- Ground floor,
   33 Franklin Street, Adelaide
- 87b Dyson Road, Christies Beach
- 1st floor, 53-61 Dale Street, Port Adelaide

#### **Opening hours**

Monday to Friday 9.00am - 5.00pm

#### Services offered

In-reach/outreach services, Department for Correctional Services, SA Parole Board, general practice, residential settings, non-traditional service settings (e.g., coffee shops), withdrawal and/or mental health facilities.

Face to face, telephone and online options available.

#### Treatment interventions offered

Counselling (cognitive behaviour therapy, motivational interviewing), mindfulness relapse prevention, narrative therapy (as appropriate), psycho-education, harm minimisation, case management (using the Good Lives model), accountability (restorative practices).

Group interventions: SMART Recovery, relapse prevention and drug awareness (treatment readiness). Case management and referral, education and

support or referral for family members.

Senior AOD peer worker available.

**Contact and more information** (08) 8384 4193 oars.org.au

### **Emergency** contacts

Mental Health Triage

13 14 65

Suicide Call Back Service

1300 659 467

Lifeline 13 11 14

**Urgent Mental Health Care Centre** 

8448 9100

## Further information and support

**Know Your Options** 

knowyouroptions.sa.gov.au

**Alcohol and Drug Information** 

**Service (ADIS)** 1300 13 1340

Counselling Online counsellingonline.org.au

Drug and Alcohol Clinical Advisory Service (DACAS)

- for health professionals

(08) 7087 1742



An Australian Government Initiative