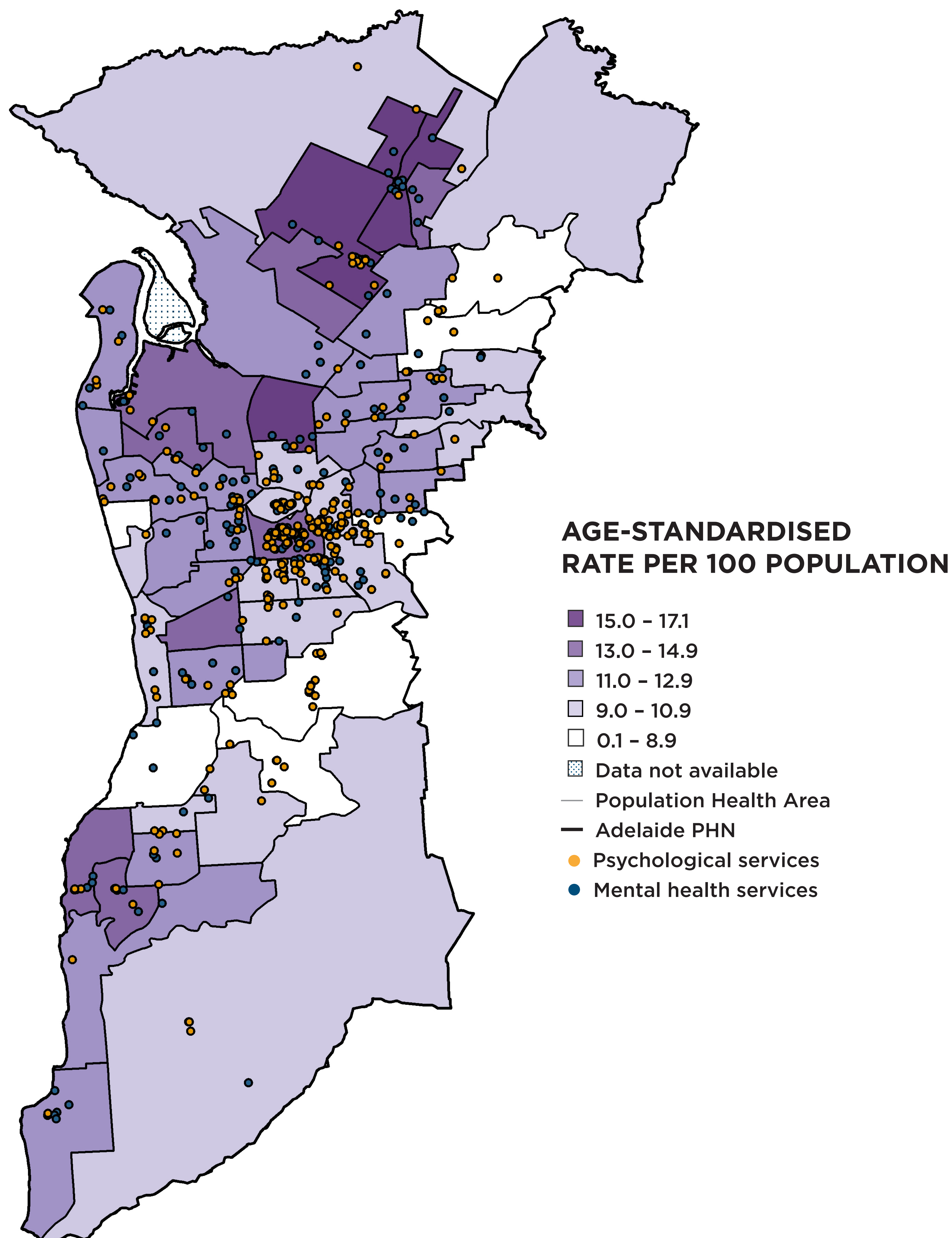


# PREVALENCE OF PSYCHOLOGICAL DISTRESS 2011-13 **AND** MENTAL HEALTH SERVICES 2015

Estimated population, aged 18 years and over, with high or very high Kessler10 score (K10), and location of psychological and mental health services, by population health areas in the Adelaide PHN region.



The locations of psychological and mental health service providers are mapped using street address sourced from the National Health Services Directory (NHSD). Psychological services were identified using the 'psychology' service type category. Mental health service providers include service types of psychology, counselling services including drug and/or alcohol, addiction, crisis and bereavement; general, adult, youth and child mental health services; mental health case management/continuing care, and perinatal mental health.

A high or very high K10 score indicates need of possible psychological intervention, and is only one measure of mental health.

Population Health Areas are based on the Australian Bureau of Statistics Statistical Area level 2, and are produced by the Public Health Information Development Unit (PHIDU).

Source: Public Health Information Development Unit (PHIDU), Social Health Atlas of Australia, Data by Population Health Area, June 2015; National Health Services Directory, via Healthdirect Australia. Addresses were extracted 23 November 2015.



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