

# ADELAIDE PHN LOCAL HEALTH MATRIX - CHRONIC CONDITIONS

**Notes:**

Population Health Areas (PHAs) are developed by the Public Health Information Development Unit (PHIDU) and are either equivalent to a Statistical Area Level 2 (SA2) or a combination of two or more SAs. There are 58 PHAs in the Adelaide PHN region.

\*PHA/LGA in italics cross Adelaide PHN and Country SA PHN boundaries.

Sources: PHIDU 2016, Social Health Atlas of Australia, Data by Population Health Areas, Published 2016: May 2016; PHIDU 2016, Social Health Atlas of Australia, Data by Primary Health Network, Published 2016: May 2016.

| Adelaide PHN Scoring Method                 | Score Colour & Description (Ranked <sup>^</sup> ) |
|---|---|
| <0% less than the Adelaide PHN Average      | Very Low Prevalance or Concern                    |
| 0-19.9% of the Adelaide PHN Average         | ↑<br>↓  |
| 20-39.9% more than the Adelaide PHN Average |   |
| 40-59.9% more than the Adelaide PHN Average |   |
| 60-79.9% more than the Adelaide PHN Average |   |
| >80% more than the Adelaide PHN Average     | Very High Prevalance or Concern                   |
| Data not available                          | ..  |

For each Indicator, all 58 Population Health Areas (PHAs) within the Adelaide PHN have been compared with the Adelaide PHN average and then are allocated a colour based on the percentage difference (see description on right).  
<sup>^</sup>The percentage difference of each indicator is ranked between 1 and 58 (see below in table).

**INDICATOR**

**CHRONIC CONDITIONS (2011 - 13): ESTIMATED POPULATION (based on age-standardised rate per 100 population)**

| Population Health Area (PHA)   | Local Government Area (LGA)      | Local Health Network (LHN) | Diabetes, aged 18 years and over | High blood cholesterol, aged 18 years and over | Circulatory system diseases, aged 2 years and over | Hypertension     | Respiratory system diseases | Asthma          | Chronic Obstructive Pulmonary Disease (COPD) | Musculoskeletal system diseases | Arthritis        | Mental and behavioural problems | High or very high psychological distress based on the Kessler 10 Scale (K10), aged 18 years and over |
|--|----------------------------------|----------------------------|----------------------------------|--|--|------------------|-----------------------------|-----------------|--|---------------------------------|------------------|---------------------------------|--|
| Playford - West  | Playford (C)                     | NALHN                      | 25                               | 23   | 22   | 1                | 6                           | 9               | 22   | 44                              | 29               | 49                              | 38   |
| Davoren Park   | Playford (C)                     |                            | 10                               | 55   | 24   | 4                | 14                          | 4               | 3  | 5                               | 2                | 2                               | 2  |
| Elizabeth East   | Playford (C)                     |                            | 16                               | 47   | 13   | 13               | 22                          | 8               | 4  | 8                               | 7                | 7                               | 11   |
| Elizabeth/ Smithfield - Elizabeth North                              | Playford (C)                     |                            | 5                                | 48   | 1  | 17               | 5                           | 3               | 2  | 1                               | 1                | 1                               | 1  |
| One Tree Hill  | Playford (C)                     |                            | 46                               | 8  | 55   | 24               | 13                          | 22              | 46   | 27                              | 52               | 54                              | 49   |
| Enfield - Blair Athol  | Port Adelaide Enfield (C)        |                            | 2                                | 53   | 27   | 29               | 28                          | 48              | 11   | 3                               | 5                | 4                               | 4  |
| Northgate - Oakden - Gilles Plains                                   | Port Adelaide Enfield (C)        |                            | 22                               | 46   | 21   | 3                | 32                          | 32              | 19   | 40                              | 14               | 25                              | 18   |
| Windsor Gardens  | Port Adelaide Enfield (C)        |                            | 20                               | 27   | 12   | 8                | 30                          | 37              | 7  | 43                              | 13               | 19                              | 20   |
| Highbury - Dernancourt   | Port Adelaide Enfield (C)        |                            | 44                               | 4  | 56   | 28               | 19                          | 24              | 44   | 52                              | 51               | 56                              | 45   |
| Hope Valley - Modbury  | Port Adelaide Enfield (C)        |                            | 24                               | 24   | 8  | 15               | 24                          | 26              | 30   | 48                              | 30               | 13                              | 21   |
| Dry Creek - North/ Pooraka   | Salisbury (C)                    |                            | 12                               | 39   | 39   | 16               | 29                          | 49              | 35   | 49                              | 55               | 57                              | 33   |
| Ingle Farm   | Salisbury (C)                    |                            | 27                               | 32   | 20   | 12               | 21                          | 33              | 15   | 17                              | 10               | 14                              | 17   |
| Para Hills/ Salisbury East   | Salisbury (C)                    |                            | 37                               | 20   | 32   | 47               | 16                          | 27              | 17   | 37                              | 35               | 17                              | 28   |
| Parafield/ Parafield Gardens/ Paralowie                              | Salisbury (C)                    |                            | 13                               | 49   | 38   | 5                | 23                          | 30              | 18   | 4                               | 16               | 30                              | 12   |
| Salisbury/ Salisbury North   | Salisbury (C)                    |                            | 4                                | 44   | 5  | 11               | 26                          | 28              | 10   | 2                               | 6                | 11                              | 3  |
| Golden Grove/ Greenwith  | Tea Tree Gully (C)               |                            | 49                               | 11   | 53   | 39               | 7                           | 7               | 32   | 28                              | 38               | 41                              | 51   |
| Modbury Heights/ Redwood Park  | Tea Tree Gully (C)               |                            | 38                               | 51   | 19   | 9                | 20                          | 20              | 28   | 14                              | 23               | 51                              | 55   |
| St Agnes - Ridgehaven  | Tea Tree Gully (C)               |                            | 41                               | 5  | 29   | 34               | 18                          | 19              | 26   | 25                              | 27               | 40                              | 35   |
| Adelaide   | Adelaide (C)                     | CALHN                      | 26                               | 43   | 50   | 20               | 57                          | 57              | 53   | 46                              | 56               | 3                               | 6  |
| North Adelaide   | Adelaide (C)                     |                            | 43                               | 1  | 42   | 6                | 47                          | 54              | 45   | 39                              | 37               | 15                              | 41   |
| Burnside - Wattle Park   | Burnside (C)                     |                            | 42                               | 25   | 48   | 30               | 41                          | 53              | 55   | 51                              | 53               | 45                              | 56   |
| Glenside - Beaumont/ Toorak Gardens                                  | Burnside (C)                     |                            | 52                               | 9  | 51   | 45               | 36                          | 45              | 43   | 35                              | 47               | 42                              | 46   |
| Athelstone   | Campbelltown (C)                 |                            | 23                               | 52   | 2  | 2                | 43                          | 29              | 57   | 38                              | 48               | 47                              | 43   |
| Paradise - Newton  | Campbelltown (C)                 |                            | 11                               | 40   | 28   | 26               | 40                          | 35              | 34   | 34                              | 26               | 48                              | 26   |
| Beverley/ Hindmarsh - Brompton                                       | Charles Sturt (C)                |                            | 6                                | 30   | 26   | 38               | 46                          | 34              | 9  | 36                              | 19               | 50                              | 19   |
| Flinders Park/ Seaton - Grange                                       | Charles Sturt (C)                |                            | 15                               | 41   | 6  | 40               | 50                          | 31              | 21   | 53                              | 18               | 37                              | 29   |
| Henley Beach   | Charles Sturt (C)                |                            | 28                               | 22   | 15   | 25               | 35                          | 52              | 29   | 31                              | 32               | 32                              | 52   |
| Charles Sturt - North West   | Charles Sturt (C)                |                            | 3                                | 56   | 25   | 27               | 53                          | 42              | 24   | 16                              | 11               | 43                              | 8  |
| West Lakes   | Charles Sturt (C)                |                            | 33                               | 10   | 23   | 46               | 37                          | 14              | 25   | 32                              | 31               | 33                              | 30   |
| Dry Creek - South/ Port Adelaide/ The Parks                          | Charles Sturt (C)                |                            | 1                                | 54   | 3  | 44               | 55                          | 50              | 13   | 45                              | 17               | 20                              | 5  |
| Fulham/ West Beach   | Charles Sturt (C)                |                            | 39                               | 7  | 34   | 41               | 31                          | 18              | 36   | 20                              | 34               | 34                              | 36   |
| Norwood (SA)/ St Peters - Marden                                     | Norwood Payneham St Peters (C)   |                            | 21                               | 36   | 18   | 19               | 56                          | 55              | 16   | 11                              | 28               | 38                              | 48   |
| Payneham - Felixstow   | Norwood Payneham St Peters (C)   |                            | 9                                | 34   | 10   | 49               | 49                          | 39              | 37   | 33                              | 22               | 18                              | 22   |
| Largs Bay - Semaphore/ North Haven                                   | Port Adelaide Enfield (C)        |                            | 35                               | 38   | 35   | 56               | 38                          | 6               | 23   | 50                              | 39               | 23                              | 23   |
| Nailsworth - Broadview/ Prospect/ Walkerville                        | Prospect (C) / Walkerville (M)   |                            | 36                               | 21   | 44   | 23               | 39                          | 40              | 47   | 22                              | 42               | 46                              | 42   |
| Goodwood - Millswood   | Unley (C)                        |                            | 17                               | 15   | 57   | 54               | 44                          | 17              | 52   | 41                              | 54               | 35                              | 47   |
| Unley - Parkside   | Unley (C)                        | 50                         | 50                               | 52   | 32   | 33               | 51                          | 50              | 15   | 49                              | 28               | 40                              |  |
| Adelaide Airport/ Lockleys   | West Torrens (C)                 | 29                         | 35                               | 40   | 55   | 45               | 56                          | 41              | 42   | 40                              | 24               | 27                              |  |
| Richmond (SA)  | West Torrens (C)                 | 8                          | 45                               | 17   | 36   | 52               | 47                          | 33              | 19   | 8                               | 31               | 16                              |  |
| Rostrevor - Magill <sup>#</sup>                                      | Adelaide Hills (DC) <sup>#</sup> | 19                         | 28                               | 36   | 57   | 51               | 41                          | 48              | 57   | 50                              | 26               | 31                              |  |
| Brighton (SA)/ Glenelg (SA)  | Holdfast Bay (C)                 | 40                         | 13                               | 47   | 51   | 48               | 46                          | 31              | 54   | 45                              | 29               | 39                              |  |
| Marion - South   | Holdfast Bay (C)                 | 55                         | 57                               | 41   | 14   | 27               | 23                          | 49              | 55   | 57                              | 55               | 53                              |  |
| Plympton   | Holdfast Bay (C)                 | 32                         | 18                               | 37   | 53   | 54               | 44                          | 38              | 56   | 36                              | 27               | 32                              |  |
| Edwardstown/ Morphettville   | Marion (C)                       | 18                         | 19                               | 7  | 10   | 42               | 12                          | 14              | 18   | 15                              | 12               | 10                              |  |
| Mitchell Park/ Warradale   | Marion (C)                       | 30                         | 31                               | 9  | 52   | 34               | 15                          | 6               | 29   | 4                               | 8                | 14                              |  |
| Belair/ Bellevue Heights/ Blackwood                                  | Mitcham (C)                      | 54                         | 2                                | 49   | 7  | 2                | 25                          | 54              | 30   | 44                              | 53               | 57                              |  |
| Colonel Light Gardens/ Mitcham (SA)                                  | Mitcham (C)                      | 56                         | 33                               | 45   | 43   | 12               | 43                          | 56              | 47   | 46                              | 39               | 50                              |  |
| Panorama   | Mitcham (C)                      | 31                         | 3                                | 4  | 37   | 25               | 36                          | 40              | 26   | 24                              | 21               | 25                              |  |
| Aberfoyle Park/ Coromandel Valley/ Flagstaff Hill                    | Mitcham (C)                      | 57                         | 16                               | 54   | 35   | 3                | 38                          | 51              | 10   | 43                              | 44               | 54                              |  |
| Aldinga  | Onkaparinga (C)                  | 48                         | 29                               | 11   | 31   | 1                | 5                           | 5               | 6  | 21                              | 9                | 15                              |  |
| Christie Downs/ Hackham West - Huntfield Heights                     | Onkaparinga (C)                  | 7                          | 17                               | 16   | 22   | 4                | 2                           | 1               | 9  | 3                               | 6                | 7                               |  |
| Christies Beach/ Lonsdale  | Onkaparinga (C)                  | 34                         | 26                               | 30   | 48   | 15               | 11                          | 12              | 12   | 12                              | 5                | 9                               |  |
| Clarendon/ McLaren Vale/ Willunga                                    | Onkaparinga (C)                  | 53                         | 6                                | 43   | 18   | 9                | 1                           | 39              | 24   | 41                              | 52               | 44                              |  |
| Hackham - Onkaparinga Hills/ Seaford (SA)                            | Onkaparinga (C)                  | 47                         | 42                               | 33   | 33   | 17               | 16                          | 20              | 7  | 20                              | 22               | 24                              |  |
| Happy Valley/ Happy Valley Reservoir/ Woodcroft                      | Onkaparinga (C)                  | 45                         | 12                               | 31   | 21   | 8                | 10                          | 42              | 23   | 33                              | 36               | 37                              |  |
| Morphett Vale - East/ Morphett Vale - West                           | Onkaparinga (C)                  | 14                         | 14                               | 14   | 42   | 10               | 13                          | 8               | 21   | 9                               | 10               | 13                              |  |
| Reynella   | Onkaparinga (C)                  | 51                         | 37                               | 46   | 50   | 11               | 21                          | 27              | 13   | 25                              | 16               | 34                              |  |
| TOTAL NUMBER WITHIN ADELAIDE PHN REGION                              |                                  |                            | 63,155                           | 310,665  | 198,067  | 126,519          | 354,943                     | 116,492         | 26,294                                       | 332,137                         | 185,509          | 169,635                         | 103,592  |
| ADELAIDE PHN AVERAGE (95% CONFIDENCE INTERVAL (C.I.))                |                                  |                            | 6.8 (6.5-7.1)                    | 34.4 (33.8-35.1)                               | 16.7 (16.4-17.1)                                   | 10.3 (10.0-10.7) | 30.7 (30.0-31.4)            | 10.1 (9.8-10.4) | 2.2 (2.0-2.4)                                | 27.8 (27.1-28.6)                | 15.3 (15.0-15.6) | 14.6 (14.2-14.9)                | 11.4 (11.0-11.8)   |
| AUSTRALIAN GREATER CAPITAL CITY STATISTICAL AREAS AVERAGE (95% C.I.) |                                  |                            | 5.7 (5.6-5.8)                    | 32.8 (32.6-33.0)                               | 16.8 (16.7-16.9)                                   | 10.2 (10.1-10.3) | 28.1 (27.9-28.3)            | 9.4 (9.3-9.5)   | 2.2 (2.2-2.3)                                | 27.0 (26.7-27.2)                | 14.2 (14.1-14.3) | 13.1 (13.0-13.2)                | 10.6 (10.5-10.7)   |