


# UNDERSTANDING THE HEALTH OF THE ADELAIDE REGION

## CENTRAL ADELAIDE REGION

### DEMOGRAPHIC & SOCIAL PROFILE

OVER **444,900**  PEOPLE LIVE IN CENTRAL ADELAIDE - that's 37.4% of Adelaide's total population  
 .....  
 by 2030 the central population should decrease to near 431, 900

The AVERAGE AGE of a person living in the centre is...

**40**  
YEARS

**12.2%** aged <11 years

**16.5%** aged 12-24 years

**52.5%** aged 25-64 years

**18.6%** aged >65 years

**LIFE EXPECTANCY**  
in central Adelaide

**86.0**  
years 

**83.1**  
years 

**1.1%**

of people in central Adelaide identify as **ABORIGINAL &/or TORRES STRAIT ISLANDER**  
 .....  
 that's almost 5000 people 

**MEDIAN WEEKLY INCOME**  
IN THE CENTRE IS **\$1299**

that's higher than the metro region average of **\$1246**

**5.9%** of people in the centre report needing help in their day to day lives due to **DISABILITY**

that's over 26,300 people 

Suburbs w/ highest & lowest weekly household income:

- Medindie \$3237
- Stonyfell \$2537
- Taperoo \$835
- Woodville Gardens \$782



**27.7%**

speak a language other than english at home  
 .....  
 compared to 21% across the whole Adelaide metro region

### HEALTH SERVICE LANDSCAPE

When compared to the Adelaide metro region as a whole, the centre has approximately...

#### HEALTH WORKFORCE

GPs | **728** of 1623  
 practice nurses | **246** of 604  
 psychiatrists | **166** of 252  
 psychologists | **683** of 1086  
 community pharmacists | **371** of 797

**142**  
of 319

**GENERAL PRACTICES**

**179**  
of 382

**PHARMACIES**

**5**  
of 9

**PUBLIC HOSPITALS**

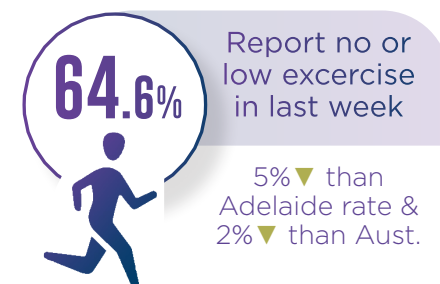
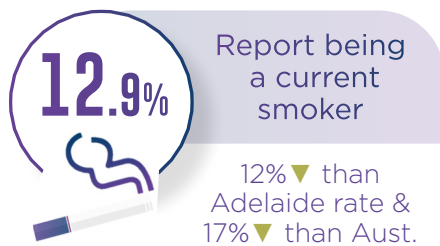
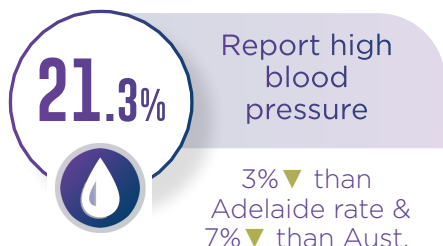
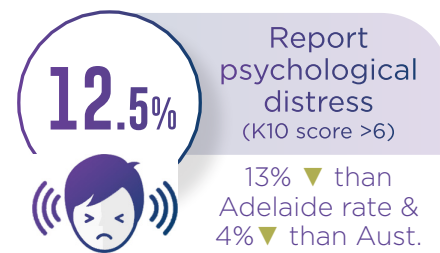
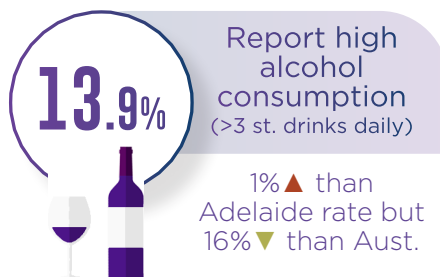


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## RISK FACTORS

The following risk factors are associated with poorer health outcomes and are high in prevalence in central Adelaide.



## HEALTH CONDITIONS IMPACTING CENTRAL ADELAIDE



9% ▼ than Adelaide  
8% ▼ than Aust. rate



9% ▼ than Adelaide  
7% ▼ than Aust. rate



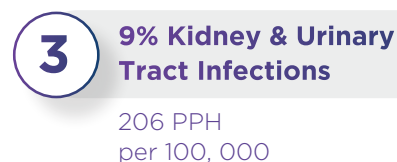
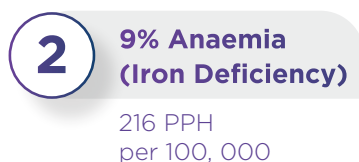
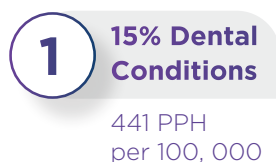
17% ▼ than Adelaide  
8% ▼ than Aust. rate



8% ▼ than Adelaide  
4% ▼ than Aust. rate

## POTENTIALLY PREVENTABLE HOSPITAL ADMISSIONS

Of the **13, 222** potentially preventable hospitalisations (PPH) in the central Adelaide region across 2017-18, the most prevalent presenting conditions were:



This resource draws on data from a range of reliable population health sources. Last updated July 2020. For references & other similar resources about the health of the Adelaide region visit: [adelaidephn.com.au/healthdata](http://adelaidephn.com.au/healthdata)

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