

Supporting Aboriginal & Torres Strait Islander people to better manage chronic conditions.

How can the program help me?

We can provide you with support that you may need to:

- Better understand your chronic condition and what it means for you.
- Access medication and follow GP treatment plans.
- Go to your medical appointments; including help with transport and support during your appointment.
- Access recommended allied health equipment.
- Connect to ongoing community supports who can provide assistance to improve your physical health and wellbeing.

Get in touch today

(O8) 82O9 O7OO • www.sonder.net.au

Adelaide • Gawler • Barossa • Yorke Peninsula • Mid-North

