UNDERSTANDING THE HEALTH OF THE ADELAIDE REGION

NORTHERN ADELAIDE REGION

DEMOGRAPHIC & SOCIAL PROFILE

OVER PEOPLE LIVE IN THE NORTH - that's 32.7% of the total Adelaide population

by 2030 the northern population should increase to 457, 663

The AVERAGE AGE of a person living in the north is...



aged 12-24 years

aged 25-64 years

aged >65 years

LIFE EXPECTANCY

in the north

of people in the north identify as ABORIGINAL &/or TORRES STRAIT ISLANDER

that's around 8000 people





MEDIAN WEEKLY INCOME IN THE NORTH IS \$1171

that's lower than the metro region average of \$1246

of people in the north report needing help in their day to day lives due to

DISABILITY

that's over 24.800 people

Suburbs w/ highest & lowest weekly household income: Northgate \$1761 Highbury \$1705 Elizabeth Grove \$705 Elizabeth South \$696

> speak a language other than english at home

compared to 21% across the whole Adelaide metro region

HEALTH SERVICE LANDSCAPE

When compared to the Adelaide metro region as a whole, the north has approximately...

HEALTH WORKFORCE

GPs | **451** of 1623 practice nurses | 174 of 604 psychiatrists | **35** of 252 psychologists | 173 of 1086

community pharmacists | 202 of 79

GENERAL PRACTICES of 319 of 382



PHARMACIES





RISK FACTORS

The following risk factors are associated with poorer health outcomes and are high in prevalance in northern Adelaide.



Report high alcohol consumption (>3 st.drinks daily)

17% ▼ than Adelaide rate & 37%▼ than Aust.



Report psychological distress (K10 score >6)

13% **▲** than Adelaide rate & 20%▲ than Aust.



Report high blood pressure

4%▲ than Adelaide rate but same as Aust.



Report being a current smoker

14% ▲ than Adelaide rate & 10% ▲ than Aust.



Report no or low excercise in last week

8% ▲ than Adelaide rate & 11% ▲ than Aust.

HEALTH CONDITIONS IMPACTING NORTHERN ADELAIDE



Mental Health & Behavioural

21.2% report mental health & behavioural problems

4%▲ than Adelaide rate 5% ▲ than Aust. rate



17% report arthritis

10% ▲ than Adelaide rate 11% ▲ than Aust. rate



13.2% report asthma

8%▲ than Adelaide rate 15% ▲ than Aust. rate



Diabetes

6.3% report diabetes

19% ▲ than Adelaide rate 22% ▲ than Aust. rate

POTENTIALLY PREVENTABLE HOSPITAL ADMISSIONS

Of the 12, 748 potentially preventable hospitalisations (PPH) in the north across 2017-18, the most prevalent presenting conditions were:



13% Dental **Conditions**

404 PPH per 100, 000



12% Chronic Obstructive **Pulmonary Disease**

338 PPH per 100, 000



9% Kidney & Urinary **Tract Infections**

267 PPH per 100, 000

This resource draws on data from a range of reliable population health sources. Last updated July 2020. For references & other similar resources about the health of the Adelaide region visit: adelaidephn.com.au/healthdata

