UNDERSTANDING THE HEALTH OF THE ADELAIDE REGION

SOUTHERN ADELAIDE REGION

DEMOGRAPHIC & SOCIAL PROFILE

355,500 PEOPLE LIVE
IN THE SOUTH - that's 29.8% of the total Adelaide population

by 2030 the southern population should increase to over 433, 000

The AVERAGE AGE of a person living in the south is...





15.8% aged 12-24 years

51.8% aged 25-64 years

18.4% aged 65+ years

LIFE EXPECTANCY

in the south

85.2 Å

81.2 years



of people in the south identify as ABORIGINAL &/or TORRES STRAIT ISLANDER

that's around 4200 people





MEDIAN WEEKLY INCOME IN THE SOUTH IS \$1281

that's higher than the metro region average of \$1246

of people in the south report needing help in their day to day lives due to

DISABILITY

that's over 20,600 people

Suburbs */ highest & lowest weekly household income:

Springfield \$3250 Coromandel East \$2024 Hackham West \$792 Christies Downs \$770



speak a language other than english at home

compared to 21% across the whole Adelaide metro region

HEALTH SERVICE LANDSCAPE

When compared to the Adelaide metro region as a whole, the south has...

HEALTH WORKFORCE

GPs | **444** of 1623

practice nurses | **184** of 604 psychiatrists | **51** of 252 psychologists | **230** of 1086

community pharmacists | 224 of 797

GENERAL PRACTICES of 319

102 of 382 2 of 9 PUBLIC HOSPITALS

PHARMACIES





An Australian Government Initiativ

RISK FACTORS

The following risk factors are associated with poorer health outcomes and are high in prevalance in southern Adelaide.



Report high alcohol consumption (>3 drinks a day)

13% ▲ than Adelaide rate but 2%▼ than Aust.



2%▼ than Adelaide rate but 6%▲ than Aust.



Report high blood pressure

1%▼ than Adelaide rate & 9%▼ than Aust.



Report being a current smoker

4% ▼ than Adelaide rate & 9% ▼ than Aust.



Report no or low excercise in last week

3%▼ than Adelaide rate but same as Aust.

HEALTH CONDITIONS IMPACTING SOUTHERN ADELAIDE



Mental Health & Behavioural

21.6% report mental health & behavioural conditions

6% ▲ than Adelaide 7% ▲ than Aust. rate



15.3% report arthritis

equal to Adelaide 2% ▲ than Aust. rate



13.3% report asthma

8% ▲ than Adelaide

15% ▲ than Aust. rate



& Vascular

4.6% report diabetes

equal to Adelaide 3% ▼ than Aust. rate

POTENTIALLY PREVENTABLE HOSPITAL ADMISSIONS

Of the 11, 173 potentially preventable hospitalisations (PPH) in the south across 2017-18, the most prevalent presenting conditions were:



12% Dental **Conditions**

362 PPH per 100, 000



11% Kidney & Urinary Tract Infections

278 PPH per 100, 000



11% Chronic Obstructive **Pulmonary Disease**

239 PPH per 100, 000

This resource draws on data from a range of reliable population health sources. Last updated July 2020. For references & other similar resources about the health of the Adelaide region visit: adelaidephn.com.au/healthdata

