

# Understanding Frailty & Identifying Referral Pathways into Community Support Services

FOR GPs



## DATE & TIME

6.30-8.30pm  
Tuesday 1<sup>st</sup> May 2018

## VENUE

ACH Group Health Studio 50+  
Level 1, Gliderol Stadium  
Brighton Road  
Glenelg East SA 5045

Light dinner provided  
No cost to attend

In this education session, presenters Professor Visvanathan, Mr Thompson and Ms Dobie will inform attendees how to identify older patients within the general practice setting who are at risk of frailty. The presenters will also provide an update on the management options available for patients who are at risk and discuss appropriate referral pathways into community support services.

## LEARNING OUTCOMES

- Describe the concept of frailty and its impact on the wellbeing of older patients;
- Perform screening and assessments for patients who are at risk of frailty;
- Explain the benefits of exercising, nutrition and socialising in managing frailty;
- Describe the support services available and appropriate referral pathways for various community aged care services.

## AGENDA

- 6.00pm - 6.30pm** Registration & light dinner  
**6.30pm - 7.30pm** Presentation by Professor Renuka Visvanathan, Director of Aged & Extended Care Services, Queen Elizabeth Hospital & Mr Mark Thompson, Occupational Therapist  
**7.30pm - 8.10pm** Presentation by Ms Kate Dobie, Head of Health & Wellness Services, ACH Group  
**8.10pm - 8.30pm** Tour of ACH Group Health Studio 50+



## SUPPORTED BY



Good Lives for  
Older People



## REGISTRATIONS

Register online at  
[www.northernhealth.net/  
education-events](http://www.northernhealth.net/education-events)

by Monday 23<sup>rd</sup> April 2018



Point allocation is not guaranteed and is subject to review by the RACGP