



# Mental Health and Alcohol and Other Drugs

Adelaide PHN will build a person centred, collaborative and integrated primary mental health and alcohol and other drug system that improves access and outcomes and reduces inequity across our region. This report card shows how key PHN Performance Indicators relating to mental health and AOD are tracking in the Adelaide PHN region in 2019/2020.

## Alcohol and Other Drugs (AOD)

### Treatment Services

**19%** of all people accessing AOD services were Aboriginal and Torres Strait Islander



**3,199** episodes of AOD treatment

**15** AOD services commissioned by Adelaide PHN

**Outcome** increased access to services for vulnerable populations

### Patient Reported Outcomes

Those that completed AOD treatment reported...

**50%** reduction or cessation in principal drug use

**86%** increased confidence at exit of treatment

**64%** improved psychological health

**55%** improved quality of life



**Outcome** better outcomes and experience in primary health care

# Mental Health

## Primary Mental Health Care Services

**57,476** Primary mental health care services

**43,014** Youth total (12–25 years old)

**4,483** Shared Care

**23,587** Psychosocial



**13,909** total mental health clients

**74%** increase in total mental health clients from last year

## Central Referral Unit

### Referrals processed

—18/19  
**7,357**

—19/20  
**12,769**

**74%** increase in referrals processed from last year



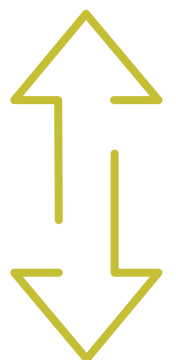
## Patient Reported Outcomes

Of those that completed an episode of care with a pre and post outcome score...

**52%** showed improvement

**42%** had no change

**6%** showed deterioration



## Aboriginal and Torres Strait Islander

Aboriginal and Torres Strait Islander people accessing primary mental health care services has **increased by 11%** in 19/20

**Outcome** increased access to services for vulnerable populations

*This resource draws on data from a range of reliable health and Adelaide PHN internal data sources (where the most current national data set is available). Last updated August 2020.*

**phn**  
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