



Confident and Compassionate Nutrition Care for GLP-1 Therapy



GLP-1 agonists are rapidly reshaping the nutrition care landscape.

This evidence-informed, clinician-led education session is designed to help nutrition professionals, and the teams who support them, deliver safe, ethical and effective nutrition care for clients using GLP-1 therapies without stigma, oversimplification or harm.

Join us for this full-day, in-person event, to learn alongside and connect with like-minded peers.

Hosted by Pod Dietetics in collaboration with Eat Love Live.

Event Details

- Thursday 14 May 2026
- 9am - 5pm
- Glenunga Hub

70 Conyngham Street,

Glenunga SA

- Lunch provided
- Cost \$350pp

Learning Outcomes

- Demystify GLP-1s: mechanisms, key drugs, and dosing essentials
- Navigate nutrition-related side effects, risks, and red flags
- Deliver pragmatic, evidence-based nutrition care
- Protect nutritional adequacy, lean mass, gut health, and sustainability
- Tailor care across complex presentations and collaborate confidently with prescribers

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