

FREE Training Workshop for Dietitians

Eating Disorders, Disordered Eating, and Body Image Concerns



Identification and Initial Response Training

Training Overview

Dietitians and other nutrition professionals play a critical role in being able to prevent the development of eating disorders, identify warning signs and support people who may be at risk or, or experiencing an eating disorder to access timely care. This training equips attendees with the skills and knowledge to safely and effectively identify a suspected eating disorder, screen and support linkage to an appropriate service. This training workshop is offered through Adelaide PHN's [Right Care Right Place: Eating disorder care in my community Project](#), which aims to strengthen eating disorder care within primary health settings across Adelaide.

Learning outcomes:

By the end of this training you, participants will be able to:

- Identify eating disorders
- Understand warning signs for an eating disorder and importance of early intervention
- Understand how to refer onto services for eating disorder treatment
- Identify further advanced training needs in eating disorders

Audience:

- Dietitians and other nutrition professionals

Details:

Time & Date: 3pm – 4:30pm, Wednesday 23rd July 2025

Venue: This workshop offers hybrid attendance - join us either in-person at Adelaide Primary Health Network (Level 1, 22 Henley Beach Road, Mile End SA 5031) or online from anywhere.

Facilitators: Yasmina Diab, Accredited Practicing Dietitian and Credentialed Eating Disorder Clinician, and Stacey Roy, Accredited Mental Health Social Worker and Credentialed Eating Disorder Clinician

Prerequisites: There are no prerequisites to attend this training

To Register:

1. Complete the online registration form to register your interest in this training [HERE](#).
2. Sign up to the Right Care Right Place project [HERE](#).
3. Await confirmation to attend training via email from RCRP Project Lead Stacey Roy.