

## SYMPTOMS

## WHERE TO GO?

## CONTACT

### EMERGENCY

Chest pain, breathing problems, unconscious, heavy bleeding, stroke, suicide risk, major burns

Emergency Department (24/7)

**Call 000**

### URGENT (not life-threatening)

Infection, injury, pain, burns, rashes, eye/ear problems, vomiting/ diarrhoea

Medicare Urgent Care Clinic

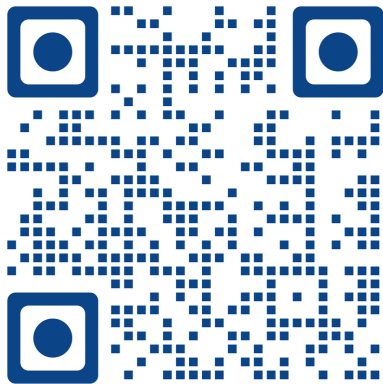
[health.gov.au /MedicareUCC](https://www.health.gov.au/medicareucc)

Find a GP / dentist / pharmacy (24/7)

**1800 022 222**

### NOT SURE WHERE TO GO?

Call for advice after hours



**13SICK** - Doctor service bulk-billed after-hours **137 425**

**24/7 Interpreter support**  
Translating and Interpreting Service **131 450**

**Scan the QR code** for more information or visit-  
[adelaidephn.com.au/community/find-after-hours-care](https://www.adelaidephn.com.au/community/find-after-hours-care)

*Intended purely as a guide only. Call healthdirect 1800 022 222 if unsure. Printed March 2026.*