

Adelaide - Headspace Demand Management and Enhancement 2024/25 - 2027/28 Activity Summary View



CEI - 202506 - A202506 - Headspace Adelaide Capital Enhancement and Infrastructure



Activity Metadata

Applicable Schedule *

Headspace Demand Management and Enhancement

Activity Prefix *

CEI

Activity Number *

202506

Activity Title *

A202506 - Headspace Adelaide Capital Enhancement and Infrastructure

Existing, Modified or New Activity *

New Activity



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description**Aim of Activity ***

- Enhance and modernise headspace premises through capital works activity including increasing building size, enhancing layout, upgrading or replacing equipment and furnishings and/or relocating services; and
- Build service capacity by supporting accommodation requirements of current and future staffing needs through building renovation or relocation.

Description of Activity *

- Enhance and modernise headspace premises through capital works activity including increasing building size, enhancing layout, upgrading or replacing equipment and furnishings and/or relocating services; and

- Build service capacity by supporting accommodation requirements of current and future staffing needs through building renovation or relocation.

Needs Assessment Priorities *

Needs Assessment

Adelaide PHN Needs Assessment 2024/25 - 2026/27

Priorities

Priority	Page reference
Children at risk of, or experiencing mild to moderate mental health conditions and their families/carers have access to appropriate primary mental health services	134
People at risk of, or experiencing mild to moderate mental health conditions can access primary mental health services through a range of modalities	134
AOD and related services are integrated, holistic and coordinated to improve continuity of care and experiences	158
People experiencing AOD risk can access prevention, early intervention and treatment services	158
Aboriginal and Torres Strait Islander people can access culturally safe and appropriate workforce and primary health care services	90



Activity Demographics

Target Population Cohort

Young people aged 12-25 years with mild to moderate mental health concerns.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

No

SA3 Name	SA3 Code
Adelaide City	40101



Activity Consultation and Collaboration

Consultation

The plan for this project was developed through extensive consultation. Feedback was collated from the YRG, service users, staff, Consortium and stakeholders. A period of ongoing consultation and co-design will occur with these groups to ensure that the project implementation continues to align with their expectations. Further consultations with headspace National will ensure alignment with best practices creating a modern, inclusive, and accessible facility for high-quality youth mental health services.

Collaboration

As above.



Activity Milestone Details/Duration

Activity Start Date

30/06/2025

Activity End Date

29/06/2027

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

- Not Yet Known: No
- Continuing Service Provider / Contract Extension: Yes
- Direct Engagement: No
- Open Tender: No
- Expression Of Interest (EOI): No
- Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

Has this activity previously been co-commissioned or joint-commissioned?

Co-design or co-commissioning comments



CEI - 202507 - A202507 – headspace Port Adelaide Capital Enhancement and Infrastructure



Activity Metadata

Applicable Schedule *

Headspace Demand Management and Enhancement

Activity Prefix *

CEI

Activity Number *

202507

Activity Title *

A202507 – headspace Port Adelaide Capital Enhancement and Infrastructure

Existing, Modified or New Activity *

New Activity



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description**Aim of Activity ***

- Improve data collection and reporting on headspace wait times to support planning, research and analysis of headspace service demand.
- Enhance and modernise headspace premises through capital works activity including increasing building size, enhancing layout, upgrading or replacing equipment and furnishings and/or relocating services; and
- Build service capacity by supporting accommodation requirements of current and future staffing needs through building renovation or relocation.

Description of Activity *

Capital Enhancement & Infrastructure activities within the headspace Port Adelaide building will include an:

- establish a sensory-friendly space by:
 - furnishing using natural materials and movable furniture to allow personalising of space
 - integrating sensory tools and equipment
- upgrade of Client Record Management (CRM) System to improve functionality of the client management system to enable efficient service delivery.

Needs Assessment Priorities *

Needs Assessment

Adelaide PHN Needs Assessment 2024/25 - 2026/27

Priorities

Priority	Page reference
Children at risk of, or experiencing mild to moderate mental health conditions and their families/carers have access to appropriate primary mental health services	134
People at risk of, or experiencing mild to moderate mental health conditions can access primary mental health services through a range of modalities	134
AOD and related services are integrated, holistic and coordinated to improve continuity of care and experiences	158
People experiencing AOD risk can access prevention, early intervention and treatment services	158
Aboriginal and Torres Strait Island people can access trans-generational trauma and grief counselling services and narrative therapies for suicide prevention and mental health	90
Families, children and young people can access timely early intervention, prevention and support services	81



Activity Demographics

Target Population Cohort

Young people aged 12-25 years with mild to moderate mental health concerns.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

No

SA3 Name	SA3 Code
Port Adelaide - East	40203
Port Adelaide - West	40402



Activity Consultation and Collaboration

Consultation

Young people who attended the service were engaged in a survey regarding their experience of the physical space of headspace Centre. Feedback from young people indicated a need for improved lighting and sensory options at headspace Port Adelaide. In response, headspace Port Adelaide engaged an Occupational Therapist to lead a project aligned with feedback from young people. As part of this project, the Centre distributed a survey to their community to further gather consumer insights. The survey, informed by research findings, aimed to identify which evidence-based improvements were most desired by clients.

Collaboration

As above.



Activity Milestone Details/Duration

Activity Start Date

30/06/2025

Activity End Date

29/06/2027

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

Has this activity previously been co-commissioned or joint-commissioned?

Co-design or co-commissioning comments



CEI - 202508 - A202508 - headspace Edinburgh North Capital Enhancement and Infrastructure



Activity Metadata

Applicable Schedule *

Headspace Demand Management and Enhancement

Activity Prefix *

CEI

Activity Number *

202508

Activity Title *

A202508 - headspace Edinburgh North Capital Enhancement and Infrastructure

Existing, Modified or New Activity *

New Activity



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description

Aim of Activity *

Enhance and modernise headspace premises through capital works activity including increasing building size, enhancing layout, upgrading or replacing equipment and furnishings and/or relocating services; and

- Build service capacity by supporting accommodation requirements of current and future staffing needs through building renovation or relocation.

Description of Activity *

Capital Enhancement and Infrastructure activities within the headspace Edinburgh North building will include:

- transform the centre into a modern, accessible, and welcoming space for youth, with upgrades designed to increase capacity, safety, and service accessibility.
- Outfit therapy rooms and offices with plants, comfortable furnishings, and sensory tools such as weighted plushies, fidget items, and soft lighting to enhance client comfort and engagement.
- include all-gender signage on staff toilets to support inclusivity.
- upgrades to IT resources will include high-quality webcams, computers, tablets, and earphones.
- updates to iPads and computers will enable efficient survey and data capture, while enhanced soundproofing will ensure confidentiality and encourage open client communication.
- repair and upgrade the disability-accessible toilet, to be fitted with an electronic Standard Funding Schedule 6 door and sensor lighting.

- provide soundproofing enhancements for consultation rooms.
- repaint therapy rooms and offices - install solar panels, a solar battery, sensor lights, and dimmers will reduce the centre's carbon footprint, enabling funds saved on energy costs to be redirected toward direct service delivery.

Needs Assessment Priorities *

Needs Assessment

Adelaide PHN Needs Assessment 2024/25 - 2026/27

Priorities

Priority	Page reference
Children at risk of, or experiencing mild to moderate mental health conditions and their families/carers have access to appropriate primary mental health services	134
People at risk of, or experiencing mild to moderate mental health conditions can access primary mental health services through a range of modalities	134
AOD and related services are integrated, holistic and coordinated to improve continuity of care and experiences	158
People experiencing AOD risk can access prevention, early intervention and treatment services	158
Aboriginal and Torres Strait Islander people can access culturally safe and appropriate workforce and primary health care services	90



Activity Demographics

Target Population Cohort

Young people aged 12-25 years with mild to moderate mental health concerns.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

No

SA3 Name	SA3 Code
Playford	40202



Activity Consultation and Collaboration

Consultation

Input from young people (12-25), the lead agency, and headspace National will shape the project's design, focusing on cultural representation, space functionality, and digital accessibility. Ongoing consultations and feedback will ensure alignment with best practices, creating a modern, inclusive, and accessible facility for high-quality youth mental health services

Collaboration

As above.



Activity Milestone Details/Duration

Activity Start Date

30/06/2025

Activity End Date

29/06/2027

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

Has this activity previously been co-commissioned or joint-commissioned?

Co-design or co-commissioning comments



BCC - 202509 - A202509 – headspace Adelaide Building Cultural Capability



Activity Metadata

Applicable Schedule *

Headspace Demand Management and Enhancement

Activity Prefix *

BCC

Activity Number *

202509

Activity Title *

A202509 – headspace Adelaide Building Cultural Capability

Existing, Modified or New Activity *

New Activity



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description**Aim of Activity ***

- To build cultural capability of the headspace Adelaide Centre to improve access and provide better support for young people from Culturally and Linguistically Diverse (CALD) and LGBTIQ+ communities.

Description of Activity *

Building Cultural Capacity within headspace Adelaide Centre by:

- improving access to mental health services for culturally and linguistically diverse (CALD) young people and their families, utilising the grant's recommended strategies to reduce wait times and dropout rates, enhance engagement, and build community relationships.
- recruiting, employing and training a designated CALD mental health clinician (0.6 FTE) and a CALD family peer practitioner (0.5 FTE). These roles will focus on co-designed family inclusive practices (including single session family consultation modifications) and peer support initiatives and resources with CALD youth and families to:
 - enhance accessibility: Provide culturally and linguistically tailored resources early in the engagement process to improve accessibility and reduce dropout rates.
 - empower families: Improve family engagement and awareness through lived experience and clinical interventions.
 - build community engagement and relationships: Deepen partnerships with local organisations and schools to facilitate sustained care, shared resource creation, and development opportunities. Expand appointment options, including virtual and extended hours.

- build trust within the CALD community, co-designing family-inclusive approaches and increasing culturally responsive support, ensuring families feel supported while waiting for treatment.
- creating safer, more inclusive and accessible spaces for LGBTIQ+ young people and their families by:
 - embedding inclusive practices, building staff cultural competency, and delivering affirming, accessible services.
 - recruiting and training a dedicated LGBTIQ+ Peer Worker (1FTE) to offer lived-experience support, facilitate youth groups, and lead inclusivity training.
 - pursuing Rainbow Tick accreditation to demonstrate a commitment to cultural safe care.
 - delivering family and community workshops to reduce stigma and promote supportive environments.
 - partnering with local LGBTIQ+ organisations to strengthen community connections and enable cross-referral pathways.

Needs Assessment Priorities *

Needs Assessment

Adelaide PHN Needs Assessment 2024/25 - 2026/27

Priorities

Priority	Page reference
Children at risk of, or experiencing mild to moderate mental health conditions and their families/carers have access to appropriate primary mental health services	134
Identify and support the capacity and capability of the Primary Healthcare Workforce to work with cohorts of patients in need of equitable access to healthcare services	178
LGBTIQ+ communities can access safe, inclusive and appropriate suicide prevention and primary mental health care services	134
People at risk of, or experiencing mild to moderate mental health conditions can access primary mental health services through a range of modalities	134
LGBTIQ+ communities can access timely, culturally safe and appropriate primary health care services	82
Primary health care providers are supported to improve their cultural competency and clinical skills to safely support the region's diverse population	177
Culturally and linguistically diverse communities (including newly arrived and refugee communities) can access timely, culturally safe and appropriate primary health care services	81
Families, children and young people can access timely early intervention, prevention and support services	81



Target Population Cohort

Young people aged 12-25 years with mild to moderate mental health concerns.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

No

SA3 Name	SA3 Code
Adelaide City	40101



Activity Consultation and Collaboration

Consultation

The proposal has been informed by the lived experiences of those in priority populations, consultations with Youth and Family Reference Groups, community members, and partner organisations. The project plans to extend this to involve schools in high-CALD areas and other community organisations. This will enable headspace Adelaide to work towards embedding processes and shared resources to support sustainability beyond the life of the project. Continued engagement with headspace National will guide project implementation and evaluation, ensuring alignment with headspace's evidence-based practices and objectives. YP and stakeholders will play a central role in shaping the headspace LGBTIQ+ Cultural Capability Building Project. Planned consultations with the Youth Reference Group (YRG), lead agencies, and headspace services will ensure the project remains responsive to the needs and preferences of LGBTIQ+ YP. By engaging these groups at various stages of the project, we will gather valuable input that supports inclusivity and cultural competency within the headspace Centre.

Collaboration

As above.



Activity Milestone Details/Duration

Activity Start Date

30/06/2025

Activity End Date

30/12/2027

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

Has this activity previously been co-commissioned or joint-commissioned?

Co-design or co-commissioning comments



BCC-Ops - 202510 - O202510 – Operational Headspace Building Cultural Capability



Activity Metadata

Applicable Schedule *

Headspace Demand Management and Enhancement

Activity Prefix *

BCC-Ops

Activity Number *

202510

Activity Title *

O202510 – Operational Headspace Building Cultural Capability

Existing, Modified or New Activity *

New Activity



Activity Priorities and Description

Program Key Priority Area *

Other Program Key Priority Area Description

Aim of Activity *

Description of Activity *

Needs Assessment Priorities *

Needs Assessment

Priorities



Activity Demographics

Target Population Cohort

In Scope AOD Treatment Type *

Indigenous Specific *

Indigenous Specific Comments

Coverage

Whole Region



Activity Consultation and Collaboration

Consultation

Collaboration



Activity Milestone Details/Duration

Activity Start Date

Activity End Date

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Is this activity the result of a previous co-design process?

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

Has this activity previously been co-commissioned or joint-commissioned?

Co-design or co-commissioning comments



CEI_Ops - 202511 - O202511 – Operational Headspace Capital Enhancement and Infrastructure



Activity Metadata

Applicable Schedule *

Headspace Demand Management and Enhancement

Activity Prefix *

CEI_Ops

Activity Number *

202511

Activity Title *

O202511 – Operational Headspace Capital Enhancement and Infrastructure

Existing, Modified or New Activity *

New Activity



Activity Priorities and Description

Program Key Priority Area *

Other Program Key Priority Area Description

Aim of Activity *

Description of Activity *

Needs Assessment Priorities *

Needs Assessment

Priorities



Activity Demographics

Target Population Cohort

In Scope AOD Treatment Type *

Indigenous Specific *

Indigenous Specific Comments

Coverage

Whole Region



Activity Consultation and Collaboration

Consultation

Collaboration



Activity Milestone Details/Duration

Activity Start Date

Activity End Date

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No
Continuing Service Provider / Contract Extension: No
Direct Engagement: No
Open Tender: No
Expression Of Interest (EOI): No
Other Approach (please provide details): No

Is this activity being co-designed?

Is this activity the result of a previous co-design process?

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

Has this activity previously been co-commissioned or joint-commissioned?

Co-design or co-commissioning comments